

A large, illuminated sign for Norwalk Town Square is the central focus of the background. The sign features the words 'NORWALK' in a bold, sans-serif font, with 'TOWN Square' in a smaller, cursive font below it. The sign is lit up with warm yellow and orange lights, and is set against a dark blue twilight sky. Several palm trees are silhouetted against the sky, and a building with a sign that says 'BURGERS' is visible in the distance.

# City Walkers

Did you know that taking 10,000 Steps a day is recommend for good health? So, why not take a walk with us. The City Walkers meet three mornings a week at the Senior Center for 15 minutes of warm-up exercises followed by a brisk outdoor walk. It is a great opportunity to work out and enjoy the company of friends. New comers are always welcome.

Wednesday and Friday  
8:30-9:30a.m

For more information Contact  
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