Recreation and Park Services Department

Spring

Register online at norwalk.org

Schedule of Activities
March 2019- June 2019
Norwalk CITY COUNCIL ACTIONS

November

1. Authorized the City Manager to execute agreements with Caltrans for use of $963,000 in grant funding for Project No. 7922, which includes the addition of bike lanes on the north and south sides of Alondra Boulevard between Studebaker and Pioneer. The project will also involve the construction of new sidewalk, ADA ramps, and safety lighting on Alondra between Graystone and Crossdale.

2. Extended the Urgency Ordinance prohibiting the establishment and expansion of gas stations for an additional year until December 4, 2019.

3. Proclaimed November 24, 2018 as Small Business Saturday, encouraging the community to “shop small” to preserve our local economy and support independent Norwalk merchants.

4. Approved agreements for the implementation and management of an Intelligent Transportation System, which would improve service quality, operator and passenger safety, operational efficiency and provide timely information to passengers through use of a variety of means, including smart device, web and real-time notifications and on board communications solutions. Total cost of project, $1.3 million, will be fully funded through FTA grant, SB1 funds and Prop A Local return.

5. Approved a policy allowing Public Safety Officers to conduct traffic control at signalized intersections during power outages.

December

6. Approved a budget amendment in the amount of $2 million to add grant funding and approved an agreement for Project 7196, for design services for the widening of Firestone Boulevard between Hoxie and Imperial Highway to three lanes in each direction, widening of the railroad bridge, reconstruction of center medians, addition of bike lanes, new sidewalks and retaining walls.

7. Accepted work for the installation of a new roof and historical restoration of the water tower at the Hargitt House Museum.

8. Approved a budget amendment to add former Norwalk Redevelopment Agency’s bond proceeds and general funds for economic development activities and amend contract with Kosmont Companies for implementation of economic development opportunities plan.

9. Accepted work for sewer system repairs at 32 locations, with over 8,900 linear feet of replacement.

10. Approved an agreement for Community Housing Development Organization projects and Homebuyer Manual under the Home Investment Partnerships Program.

11. Approved an urgency ordinance creating a program to regulate and permit sidewalk vending as of January 1, 2019 pursuant to Senate Bill 946.

13. Approved the METRO/Universal Pass (U-Pass)/Employer Pass (E-Pass) Program agreement, to facilitate the increased use of public transit, including METRO and participating municipal transit agencies, by college students and employees.

14. Approved an exclusive negotiating agreement to explore potential development of Veterans Affordable Housing.

15. Approved committing $3 million of Redevelopment Bond proceeds to have the first right of refusal or option to purchase the former Defense Fuel Support Point, also known as the Norwalk Tank Farm, located on the southeast corner of Norwalk Blvd and Excelsior Dr. The property was identified as an economic node in Norwalk’s Economic Development Opportunities Plan, providing an opportunity for a master planned development for recreational and community serving purposes.

16. Awarded a contract for the construction and the construction management service for the sewer manhole repair project, to include repairs to twenty-six locations identified in a Citywide manhole assessment.

17. Awarded an agreement for the development of Concept Master Plans for Norwalk Park and Hermosillo Park. The plans will consider the adjacent community, existing uses, and recommend amenities to encourage park usage, as well as provide a basis and cost to seek park funding from County, State, and Federal sources.

18. Accepted work for Pioneer Boulevard Improvements from Rosecrans Avenue Boulevard to Alondra, which included construction of landscaped median islands, installation of a new traffic signal on Pioneer at Ferina/Hopland, repaving of roadway including repairs to gutters, and upgrading corner accessibility ramps.

19. Accepted work on the Median and Side Panel Turf Replacement Project and Drought Tolerant Plant Environmental Enhancement and Mitigation Program, which included the removal of dead turf, installation of drip irrigation systems, construction of six water quality channels on Norwalk Boulevard, and installation of drought tolerant landscaping.

20. Approved a $10,000 budget amendment to add funding for the Ring Camera Rebate Program to facilitate residents’ purchase.

21. Approved an agreement with the Los Angeles County Probation Department to contract a Deputy Probation Officer to enhance juvenile prevention and intervention efforts and reducing incidents of school truancy, gang membership, drug use and other serious behavioral problems.

22. Adopted the Vehicle Asset Management Plan as a formal policy for replacement of City vehicles.

23. Received and filed the Neighborhood Traffic Management Program, which provides a comprehensive approach to addressing neighborhood traffic safety concerns, including the development of investigative processes and proven and effective solutions.
CITY OF NORWALK PUBLIC SAFETY DEPARTMENT
RESERVE OFFICERS & PUBLIC SAFETY CADETS
WANTED!

SEEKING VOLUNTEERS:
Individuals 18 years of age and older are invited to join the Public Safety Reserve Officer Program.
Teens looking to give back to their community are invited to join the Norwalk Public Safety Cadet program.

CALL: (562) 929-5732
TO ACCESS APPLICATION VISIT: norwalk.org/public-safety-volunteers
Residents of Norwalk

FREE COMPOST

Saturday, March 23
8:00 a.m. to 12:00 p.m.
Norwalk City Hall Parking Lot
12700 Norwalk Blvd., Norwalk, CA 90650

Athens’ compost is a blend of organics material including a mix of green waste, wood waste, and food scraps.* Our compost is OMRI Listed® and licensed by the California Department of Food and Agriculture. (*May contain small particles of glass.)

▶ NORWALK RESIDENTS ONLY
(ID OR BILL REQUIRED)

▶ BRING SHOVEL, DOLLY, AND STURDY CONTAINERS
(SELF-SERVICE EVENT)

▶ NO PLASTIC BAGS ALLOWED

▶ WHILE SUPPLIES LAST
(30 GALLON LIMIT FIRST HOUR)

▶ NO CONTAINER LARGER THAN 32 GALLONS
(DUE TO SAFETY & WEIGHT CONCERNS)

▶ DRIVE UP ONLY
(NO WALK-INS)

▶ GLOVES AND EYE PROTECTION RECOMMENDED

Participation in the event and all items accepted are at your own risk. It is the attendees’ responsibility to practice safe lifting and take all protective measures to guard against injury or any other loss.

Athens Services  CS@athensservices.com  (888) 336-6100  AthensServices.com
Important Numbers

Norwalk City Hall.................................................929-5700
12700 Norwalk Blvd
Community Information Center.............................929-5735
City Hall, Room 1
Fire Department (Emergency).......................................911
Station 20................................................................863-0214
Station 115...................................................868-5212
Graffiti Removal Hotline......................................929-5555
Job Hotline..........................................................929-5771
Alondra Library, 11949 Alondra Blvd....................868-7771
Norwalk Library, 12350 Imperial Hwy.................868-0775
Norwalk Arts & Sports Complex.........................929-5566
13000 Clarkdale Ave
Public Safety.......................................................929-5732
City Hall, Room 15
Recreation and Park Services.............................929-5702
13000 Clarkdale Ave
Senior Center......................................................929-5580
14040 San Antonio Dr
Sheriff’s Department............................................863-8711
12335 Civic Center Dr
Social Services Center........................................929-5544
11929 Alondra Blvd
Transportation
Metro Green Line & MTA Bus...........(323) 466-3876
Metro Link.........................................(800) 371-5465
Norwalk Transit..........................................929-5550
12650 E. Imperial Hwy 3rd Floor
Recreation & Park Services Department
Bill Kearns, Director of
Recreation and Park Services................................929-5755
Elizabeth Rock, Superintendent..............................929-5701
Pati Escano, Supervisor..........................................929-5519
Blanche Grove, Supervisor....................................929-5734
Rosie Lozoya, Supervisor..........................................929-5518
Allison Franco, Interim Supervisor...........................929-5763
Santino Lopez, Coordinator.....................................929-5924
Teneale McCullough, Coordinator............................929-5956
Monica Trevino-Rivas, Coordinator..........................929-5922
Norwalk Arts & Sports Complex
Facility & Park Reservations.................................929-5566
NORWALK CITY COUNCIL
Mayor JENNIFER PEREZ
Vice Mayor MARGARITA L. RIOS
Councilmember TONY AXALA
Councilmember LEONARD SHRIOCK
Councilmember LUIGI VERNOLA
The Schedule of Activities is published quarterly by the Recreation and Park Services Department. The Spring edition includes the months of March through June. If you have any questions or comments, please call us at 929-5702.
The Norwalk Recreation and Park Services Department is searching for high energy, customer service-oriented individuals to join The City’s Team! If you enjoy activities, being outdoors and working with the public then we may have the job for you!

We invite you to apply for one of the following positions:

- Recreation Leader I
- Recreation Leader II
- *Lifeguard
- *Instructor Guard
- *Senior Guard

*Certifications required prior to hire

To apply visit https://www.governmentjobs.com/careers/norwalkca

Don’t miss out on your opportunity to join a great team and serve the community!

2019 SUMMER YOUTH LEADERSHIP Program

- Applicant must be a Norwalk resident.
- Applicant will be required to obtain a work permit from their respective high school.
- Applicant must be at least 15 years of age as of June 3, 2019 and may not turn 19 years of age prior to August 10, 2019.
- Immediate family members of City of Norwalk full-time employees or elected officials are not eligible.

The Summer Youth Leadership Program is a summer employment opportunity for Norwalk residents. Applications will be available online from Friday, March 15 through Friday, March 29, 2019.

For more information, please call 562-929-5763.
Egg-Stravagant Egg Hunt
Saturday, April 20, 12:30-3:30p
Norwalk Civic Center Lawn, 12700 Norwalk Bl
Bring the whole family and enjoy an afternoon of fun, egg hunts, games, crafts, and entertainment. Don’t forget to take a memorable photo with the Easter Bunny for only $3. Arrive early so your child does not miss their designated egg hunt time. For more information, please call 929-5702.

Egg Hunt Schedule

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<td>6-7</td>
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Citywide Egg-Normous Egg Hunt
Week of April 14 - All Ages
During the week of April 14, residents can search the City looking for hidden Egg-normous Eggs!

Rules:
- Must be Norwalk residents.
- Only one egg may be redeemed per family/household (ID required).
- Must be redeemed during the Egg-Stravagant Egg Hunt on April 20 at 12:00 p.m. at the Norwalk Civic Center Lawn.
- City employees and their family members may not participate. For more information, please call 929-5702.

“ARTASTIC”
F, Mar 15 • 6-9p
Cultural Arts Center, 13200 Clarkdale Ave
“ARTASTIC” is a free special event that celebrates the arts and highlights the Cultural Arts Center’s programs and classes. This community event will feature free art activities and projects, multiple art exhibits, entertainment, a fundraising dinner, and much more! Stop by to see how you can get involved in the creative process and art appreciation. For more information, please call 929-5521.

“Artastic” Community Art Competition & Scholarship Program
Cultural Arts Center, 13200 Clarkdale Ave
Art Submittal Dates: T-F, Feb 26-Mar 1
Art Exhibit Dates: T-F, Mar 12-15
Artist Reception/Awards Day: F, Mar 15 • 6-9p

Calling all local artists from Middle School and High School to join this art competition! This marks our 10th Annual Community Art Competition and Scholarship Program. All high school and middle school students who reside in Norwalk or attend school in Norwalk or Norwalk/La Mirada Unified School District are invited to submit your best artwork! Accepted media includes: photography, drawing, painting, sculpture, fashion, mixed media, computer generated art, and prints. All artwork must be mounted, matted, or framed. Applications will be available at norwalk.org and at City facilities. A total of $500 in scholarships will be awarded to top artists! A special Artist Reception will be held for all participating artists’, their families and friends.

Community Book Fair
Cultural Arts Center, 13200 Clarkdale Ave
Come check out our Community Book Fair featuring books, trinkets and school supplies for sale at great prices! Scholastics will provide books for all ages.

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<td>T-Th</td>
<td>Mar 12-21</td>
<td>3-7p</td>
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<td>F</td>
<td>Mar 15 &amp; 22</td>
<td>6-9p</td>
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<td>Sat</td>
<td>Mar 16</td>
<td>11a-3p</td>
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RECREATION AND PARK SERVICES DEPARTMENT

KIDS ADVENTURE CAMP

SPACE IS LIMITED!

June 10-August 9
MONDAY - FRIDAY
8:00 A.M.-5:00 P.M.
EXTENDED HOURS AVAILABLE

ARTS & CRAFTS • GAMES • SWIMMING
COOKING • EXCURSIONS • FUN!

Registration begins April 13, 2019

Weekly fees:
$155 residents
$205 non-residents

AT THE NORWALK ARTS & SPORTS COMPLEX,
13000 CLARKDALE AVENUE
FOR MORE INFORMATION, PLEASE CALL (562)929-5521.
Father Daughter Candy Land Dance (Ages 3-12)  
Sat, Apr 13 • 5:30-8:30p  
Cost: $15/couple, $7 each additional child  
Norwalk Arts & Sports Complex, 13000 Clarkdale Ave  
Celebrate spring in a land of candy! Dads, dress in your favorite evening wear, and daughters come in your SWEETest dresses. The evening will consist of a light dinner, crafts and dancing. Tickets must be purchased in advance and will be sold until supplies last. For more information, please call 929-5516.

Breakfast with Mom (Ages 3-12)  
Sat, April 27 • 9:30a-12:30p  
Cost: $15/couple, $7 each additional child  
Norwalk Arts & Sports Complex, 13000 Clarkdale Ave  
Spend a fun morning with your mom, grandma or aunt. Come enjoy a pancake breakfast, make crafts, and play games. Adult participation is required. For more information, please call 929-5516.

Kids & Cops Golf Tournament  
(Ages 8-17)  
Don Knabe Golf Center and Junior Academy  
13717 Shoemaker Ave  
Sat, Jun 1 • Check-in 9a  
Cost: $10 per player (includes golf, BBQ, awards & raffle)  
Registration Deadline: M, May 20  
Sign up to play with Los Angeles County Sheriff’s Deputies in the City of Norwalk’s Annual Kids & Cops Golf Tournament. The tournament is a fun way to introduce Norwalk youth to their local law enforcement team by joining the youth and deputies together for a round of golf. The program’s goal is to portray to our youth that their local law enforcement officers are here to support and to protect the Norwalk Community, not be someone to fear. To register or for more information, please stop by the Norwalk Arts & Sports Complex, 13000 Clarkdale Ave. or call at 929-5566.

Seaside Lagoon Redondo Beach Trip  
Enjoy a fun day at the beach, playing games, building sand castles, and soaking in the sun and water! For more information, please call 929-5702.  

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<tr>
<td>8-17</td>
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<td>July 11*</td>
<td>9a-4p</td>
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<td>8-17</td>
<td>Th</td>
<td>August 1*</td>
<td>9a-4p</td>
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Cost includes transportation & lunch  
*Dates & locations subject to change  
Bus Pickup Locations:  
1) Norwalk Arts & Sports Complex, 13000 Clarkdale Ave  
2) Social Services Center, 11929 Alondra Blvd

Registration Deadline & Locations:  
June 1 – July 5 (for the July 11 trip)  
June 1 – July 25 (for the August 1 trip)  
*Local Norwalk Parks or Norwalk Arts & Sports Complex, 13000 Clarkdale Ave

Summer Concert Series at the Lawn  
Civic Center Lawn, 12700 Norwalk Blvd  
W, Jun 12, 19, 26, Jul 10, 17, 24, 31, Aug 7 • 7-9p  
Free entertainment for the entire family! Bring your blankets, chairs, picnic baskets, and be serenaded under the stars. Arrive early to guarantee a great view. Refreshments will be available for purchase. Band schedule to be announced in June. For more information, please call 929-5702.

Planning a Special Event?  
The City of Norwalk has facility rentals that are ideal for meetings, conferences, retreats, weddings, family reunions, baby and bridal showers, birthday parties, and more. Halls are available at the Community Meeting Center and at local parks. Our staff is committed to providing the best customer service to meet your rental needs. Please call 929-5566 for more information, to make an appointment to view the rooms located at the Norwalk Arts & Sports Complex, 13000 Clarkdale Avenue or visit us at norwalk.org.
D.D. Johnston-Hargitt House Museum

12426 Mapledale St
Sat, Mar 2, 16, Apr 6, May 4, 18 • 1-4p
The Museum is currently registered on the National Registry of Historical Places, and at one time, held up to 200 acres of grape, prune, avocado, and citrus trees. Built in 1891, the D.D. Johnston-Hargitt House Museum is a two-story Eastlake Victorian farmhouse that was owned by Darius David Johnston. He was one of Norwalk's leading pioneers as well as the organizer of the Norwalk School District. He served on the school board from the late 1880's until his death in 1917. The Museum contains family heirlooms and other memorabilia as well as glimpses into Norwalk's past. The Museum is brought to life through docent-led tours given by the Friends of Hargitt House. Admission is free; however, donations are always welcome. The Museum may be closed in inclement weather. For more information or to schedule a tour for groups of ten or more, please call 929-5521.

Rose Garden Celebration
D.D. Johnston-Hargitt House Museum
12426 Mapledale St
Sat, May 4 • 1-3p • FREE!
The Rose Garden Celebration is an annual event showcasing the garden of the Museum. Hands-on activities for children of all ages are planned and refreshments will be served. For more information, please call 929-5521.

Save the Date!
Ice Cream Social
D.D. Johnston-Hargitt House Museum
12426 Mapledale St
Sat, July 20 • 1-4p • FREE!
Visit the Museum for a trip down memory lane. After touring the Museum, join us for some ice cream with all your favorite toppings. For more information, please call 929-5519.

Gilbert H. Sproul Museum
12203 Sproul St
The museum is currently closed.
The Sproul Museum was built in 1874 and was home to the founder of Norwalk, Gilbert H. Sproul. The Museum contains many artifacts depicting the development of the city as well as Sproul family heirlooms. For more information, please call 929-5521.

Be a Museum Docent! (Ages 18 & Over)
Docents are guides and storytellers. If you enjoy sharing stories, information, and talking to people, become a docent! The D.D. Johnston-Hargitt House Museum is seeking interested people to train as Museum docents. Training and supplies are provided at no cost. A three-month commitment is required. For more information, please call 929-5519.

D.D. Johnston-Hargitt House Museum

12426 Mapledale St
Sat, April 6 • 1-3p • FREE!
Please join us for a special Tea Party! An assortment of teas, good old fashion lemonade and pastries will be served. Stop by the Museum for a tour and yummy treats! For more information, please call 929-5521.
The City of Norwalk is currently seeking adults 18 years of age and older to serve in the Public Safety Volunteer Program. As a volunteer committed to improving safety and quality of life in Norwalk, program participants will assist the Public Safety Department in various capacities to include special events, community events, field patrol or office and administrative functions. If you would like to be part of this effort, applications are available at Norwalk City Hall, 12700 Norwalk Boulevard, Room 15, or by calling 929-5732. Applicants must clear a background and Live Scan process.

Support Your Community and Receive Permanent Recognition on the Donor Tree!

The Norwalk Arts & Sports Foundation is committed to enriching our community in its support of programs, activities, and services offered at the Norwalk Arts & Sports Complex. Everyone who contributes $100 or more will receive permanent recognition in the form of an engraved leaf on the Donor Tree located in the lobby of the Norwalk Arts & Sports Complex. Leaves can be inscribed with your name, company, organization, or in memory of a loved one. To make a donation, please visit the Norwalk Arts & Sports Complex at 13000 Clarkdale Avenue, or call 929-5665 for more information.

Volunteer Coaches Needed!

The City of Norwalk Recreation and Park Services Department sponsors a year-round youth sports program, and a successful program depends on you! These programs are conducted solely with the support of volunteer coaches. Volunteer coaches are needed for the upcoming soccer, baseball and volleyball programs. If you would like to volunteer, please visit the Norwalk Arts & Sports Complex (NASC), 13000 Clarkdale Avenue, and complete a Volunteer Coach form. This will be one of the most rewarding experiences of your life! Be sure to attend the coaches meeting to select your team name and shirt color, as well as to review the rules and philosophy of our program.

Volunteers Needed For Special Olympics!

Join the spirit of Special Olympics! The Adaptive Recreation Program participates in Spring Special Olympics Regional Meets and area competitions. We are looking for dedicated volunteers to lend a hand with coaching, fundraising, and general support. If you are interested in volunteering, please call 929-5922.

Coaches Meetings:

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<tr>
<th>SPORT</th>
<th>DAY</th>
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<tbody>
<tr>
<td>Soccer</td>
<td>W</td>
<td>Mar 20</td>
<td>7p</td>
<td>NASC</td>
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<tr>
<td>Baseball</td>
<td>W</td>
<td>Jun 12</td>
<td>7p</td>
<td>NASC</td>
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<tr>
<td>Volleyball</td>
<td>Th</td>
<td>Jun 13</td>
<td>7p</td>
<td>NASC</td>
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*Please Note: In accordance with State regulations, the City of Norwalk fingerprints all volunteer coaches and their assistants at no cost during the coaches meeting. Please bring a valid photo I.D.
**WINGS Program**  
Youth Empowerment Group  
Instructor: David Plaza  
Cost: $10 *(Free to youth with parents registered in The Parent Project)*.  
This eleven week youth empowerment program will help your teen understand and prepare for the different social issues teens face. The program will emphasize on developing their relationships with their parents, peers, and most importantly themselves. They will also discuss how an education can better prepare them to face adulthood.

**This program discusses various topics including:**  
- Academic Pressure  
- Anger Management  
- Conflict Resolution  
- Depression/Teen Suicide  
- Drug & Alcohol Education  
- Self Esteem/Image  
- Setting & Accomplishing Goals  
- Social Media Addiction

For more information, please call 929-5927.

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**The Parent Project**  
Parenting for Parents with Teens  
Instructor: Anthony Garcia  
Cost: $30 *(per family)* for book materials  
Are you having a hard time reaching your teen? Do you miss the days when you and your teen were able to sit and talk? Are his/her grades slipping? Do you find yourself arguing more with your teen? You are not alone. Join The Parent Project and work with trained staff and other parents in developing a healthy relationship with your teen as well as building trust and establishing appropriate boundaries.

**This program discusses various topics including:**  
- Improving Communication  
- Identifying Alcohol or Drug Use  
- Identifying Depression  
- Improving School Attendance and Performance  
- Finding Resources to Help Your Family

For more information, please call 929-5765.
Register for Adaptive Programs at the Norwalk Arts & Sports Complex, 13000 Clarkdale Ave

This program is designed for children, teens, and adults with developmental, physical, and/or learning disabilities. Participants are encouraged to maximize their abilities through recreation activities with a social emphasis. All participants must have a current medical/emergency form on file with the department in order to participate.

Please Note: Although group homes are encouraged to participate, an attendant or program aide must remain to assist as needed. For more information or to be added to the mailing list, please call 929-5922 or email us at AR@norwalkca.gov.

CLASS
This after school program is specifically designed for children with disabilities. Homework help, crafts, games, hands-on activities, and much more will take place in an environment tailored to fit the need. Your child will keep active and entertained as they socialize and make new friends. A daily snack will be provided.

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<td>6-22</td>
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<td>Mar 4-29</td>
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<td>6-22</td>
<td>M-F</td>
<td>Apr 29-May 31</td>
<td>3:30-5:30p</td>
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(No class May 27)

HEART
Recreation Adapted for Teens & Adults with Disabilities

Thursday Night Fun
Make Thursdays the highlight of the week with planned activities, excursions, and dances. The best part will be having fun and making new friends!

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<td>Mar 7-May 30</td>
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*See monthly calendar on website for details.

TGIF!
TGIF! Twice a month we will visit a new location to help kick-start a weekend of fun! These Friday night activities are sure to keep you coming back for more!

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| 13+ | F   | See monthly calendar on website for details.

Awesome Saturdays
Make the most of your Saturdays with us! You will enjoy visiting far away and local attractions.

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| 13+ | Sat | “See monthly calendar on website for details.”

Arabian Nights Dance (Ages 13+)
Th, May 16 • 6-9p
Cost: $12 per person in attendance (including parents & caretakers)
Registration Deadline: Th, May 2
Norwalk Arts & Sports Complex, 13000 Clarkdale Ave
Jump on your magic carpet and dance the night away! We will play all your favorite Arabian dance music, have a dance off, and eat a delicious dinner.

Save The Dates!
“Funtastic” Summer Camp
Gerdes Park, 14700 Gridley Rd
(excursions & daily snack included)
Join us at Summer Day Camp to play games, create works of art, and make friends and lifelong memories. This structured environment will provide a safe, fun, and productive time for participants. Please send a sack lunch, sun block and water. Closed toed shoes are required.

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<td>*Jul 15-19</td>
<td>9a-5p</td>
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<td>6-26</td>
<td>M-F</td>
<td>Jul 22-26</td>
<td>9a-5p</td>
<td>$130</td>
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<tr>
<td>6-26</td>
<td>M-F</td>
<td>Jul 29-Aug 2</td>
<td>9a-5p</td>
<td>$130</td>
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Registration Begins: Sat, May 4, 9a
NASC, 13000 Clarkdale Ave
Please Note: A payment plan will be offered. To hold your spot you must make a minimum deposit of $50. The remaining balance for deposits will be due two weeks prior to the start of the Summer Camp week.
**Track & Field**

Become part of our most popular Special Olympics sports: Track and Field! The season culminates in a fantastic finish at the annual Special Olympics Summer Games in June at California State University, Long Beach. If you are interested in becoming a part of the team sports, please contact the Program Coordinator at 929-5922. Times and locations may vary.

Gerdes Park, 14700 Gridley Rd

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<tbody>
<tr>
<td>8+</td>
<td>W</td>
<td>Feb 6-May 22</td>
<td>5:30-6:30p</td>
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Excelsior High Track, 15711 Pioneer Bl

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<tr>
<td>8+</td>
<td>Sat</td>
<td>Feb 9-May 25</td>
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**Volunteers Needed**

Join the spirit of Special Olympics! The Adaptive Recreation Program participates in Spring Special Olympics Regional Meets and area competitions. We are looking for dedicated volunteers to lend a hand with coaching, fundraising, and general support. If you are interested in volunteering, please call 929-5922.
Aquatic Pavilion

Join a class or work out on your own at the Norwalk Aquatic Pavilion, a state-of-the-art facility!

**Adult Shallow & Deep Water Aerobics**

Get in shape with a water aerobics workout. Our staff make workouts fun and exciting, and the water is kept warm. This is a great opportunity for an invigorating, toning, and cardio-conditioning workout. The deep water aerobics class will provide a workout that is no-stress impact on your joints.

**Deep**

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<tr>
<td>18-54</td>
<td>M-F</td>
<td>Mar-Jun</td>
<td>6-7p</td>
<td>$4 Daily OR $32 (10-Visit Pass)</td>
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<tr>
<td>18-54</td>
<td>T/TH</td>
<td>Mar-Jun</td>
<td>12-1p</td>
<td>$4 Daily OR $32 (10-Visit Pass)</td>
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**Shallow**

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**Adult Lap Swim**

Swimming is one of the most effective and full body exercises, so come and get a complete workout by swimming with us. Lap swimmers have dedicated lanes, comfortable water temperature, and the chance for a great workout!

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**Norwalk Stingrays Youth Learn to Swim Program**

Level One, Level Two & Level Three

The Learn to Swim Program is designed to develop water safety and swimming skills that will prepare swimmers to join the Norwalk Stingrays Swim Team in the future. Lessons are designed to teach basic water skills, breathing control, floating, kicking, and essential techniques for competitive swimming strokes.

*Registration will be accepted on a first come first serve basis the week before each swim session begins.*

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<td>6-18</td>
<td>M-F</td>
<td>May 6-May 31</td>
<td>6-6:30p</td>
<td>Mar 3, 6-7:30p</td>
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FEE

- $70/month first swimmer
- $60/month second swimmer (immediate family only)
- $50/month third swimmer (immediate family only)

**Norwalk Stingrays Youth Swim Team**

The Norwalk Stingrays is a novice swim team designed to teach and encourage young people to participate in water sports on a competitive, yet fun, basis. Try out for the team with a swim coach: M-F, 6-6:30p.

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<td>M-F</td>
<td>Apr 1-Apr 30</td>
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<tr>
<td>6-18</td>
<td>M-F</td>
<td>May 1-May 31</td>
<td>6-8p</td>
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</tbody>
</table>

FEE

- $70/month first swimmer
- $60/month second swimmer (immediate family only)
- $50/month third swimmer (immediate family only)

*The fee is due at the beginning of each month.*

**Summer swim class registration for Session 1, beginning June 10, will take place:**

- **Friday, June 7 • 6-8:30p**
  M/W, T/TH and Weekend Lessons only
- **Saturday, June 8 • 8a-2p**
  M-F Lessons Only
- **Sunday, June 9 • 8a-2p**
  All Lessons registration

*Registration on a first come, first served basis.*
Aquatic Pavilion Weekend Rentals  
(June, July, August, & September)  
If you would like to reserve the Aquatic Pavilion for a special occasion, applications will be accepted beginning April 1 on a first come, first served basis at the Norwalk Arts & Sports Complex, 13000 Clarkdale Avenue. A security deposit of $250 is due at time of application (cash/check only). Office hours are Monday through Thursday, 8a to 9p; Fridays, 8a to 8p; and Saturdays, 8a to 6p. For more information, please call 929-5566.

Payment of Fees: Rental fees must be paid 30 days prior to the reservation. The facility rental fee applies to each hour from the beginning of the "Event" to the end of "Clean-Up" (excluding set up).

Set up Fees: Applicant may decorate/set up one hour in advance on the day of the reservation at a rate of $30 per hour.

Security Deposit Refund: Please allow four weeks following reservation for refund to arrive by mail.

Barbeque Rental Fee: For safety purposes, groups wishing to barbeque must use City of Norwalk owned and maintained equipment. The $25 fee includes one filled propane tank and staff time for set up and clean up.

Aquatic Pavilion Private Rental  
Maximum Capacity: 350  
Hours of Availability: Saturdays & Sundays, 5:30-11p  
Facility is open for exclusive use by applicant. Fee includes lifeguards on duty.

$190 Per Hour for Groups of Less than 50  
$255 Per Hour for Groups of 50 to 100*  
$275 Per Hour for Groups of More than 100*  
$250 Security Deposit  
*Minimum One Hour Clean up Time

Group attendance applies to all persons entering the facility, whether swimming or not.

Aquatic Pavilion Picnic Area Rental  
Saturdays & Sundays, 1:30-5:30pm  
Capacity: 100 (Banquet Style)  
Facility is open to public concurrently; rental includes exclusive access to picnic area. Admission fee applies to all persons entering the facility, whether swimming or not.

$60 One Recreation Swim Session  
$120 Two Recreation Swim Sessions  
$3 Per Youth (Ages 6 mos.-17) or Senior (Ages 55+)  
$4 Per Adult (Ages 18-54)  
$250 Security Deposit
Come get creative at the Cultural Arts Center (CAC)! There are a variety of classes, workshops, and special events for all ages in the following categories: Li’l Munchkins, Tots, Youth, Teens and Adults. The CAC also houses the Mary Paxon Art Gallery where local and regional artists have the opportunity to exhibit their art.

Spring Schedule
Sun-M Closed
T-F 3-7p
Sat 11a-3p

Please Note: The Cultural Arts Center will be closed on Saturday, April 20.

Mary Paxon Art Gallery
The Gallery is located at the Cultural Arts Center, which is adjacent to the Norwalk Arts & Sports Complex. Local and regional artists display their art to promote visual arts in the community. The Gallery is free to the public and is wheelchair accessible. If you or anyone you know is interested in exhibiting artwork, please call the Cultural Arts Center at 929-5521.

Calling All Artists!
The Mary Paxon Art Gallery is seeking artists for future exhibits. If you or anyone you know is interested in being included in our Artist Directory, please call 929-5521.

Mailing List
To be added to our mailing list for future art exhibits and art receptions, please call the Cultural Arts Center at 929-5521.

UPCOMING EXHIBIT SCHEDULE

Mar 15-31
“CAC Art Box”
Artist: Various Local Artists
Reception: Fri, Mar 15, 6-9p

Apr 9-27
“Painting Stories Through the Lens, A decade of Creative Portrait Photography”
Artist: Madeline Arenas
Reception: Sat, Apr 13, 6-8p

May 7-25
“Point of View”
Artist: Andy Estrella
Reception: Sat, May 11, 6-8p
Cultural Arts Center
Register at the Norwalk Arts & Sports Complex, 13000 Clarkdale Ave

Como La Flor
Giant Paper Flower Workshop (Ages 18+)
F, Mar 29 • 7-9:30p • Cultural Arts Center
Cost: $25
These giant paper flowers are perfect for bringing spring indoors any time of the year. Mix and match colors and sizes to make a stunning feature wall for your next special event. This workshop featured flower will be the rose. This class will provide hands-on experience, easy step-by-step instructions and templates to take home.

Open Mic Night
F, Mar 15 • 7-9p
Singers, dancers, poets, comedians, and musicians join us for an evening of entertainment! Participants will perform up to two selections or a total time of seven minutes. All types of music is welcome. Lyrics need to be appropriate for all ages. Profane words or messages of hate will not be permitted. Performers are encouraged to arrive early to sign up for a spot. A microphone, microphone stand, speakers, and an iPod connector will be available. Participants should bring all other equipment needed for their performance. Invite your family and friends to enjoy a fun night of free entertainment!

Boards, Brushes and Beverages
(Ages 21+)
F, Apr 5 • 7-9:30p • Rich Rehearsal Hall
Cost: $25 (includes all supplies)
Join us for this social crafting experience. Transform unfinished wood into beautiful, personalized works of art. We will offer a variety of designs to choose from. You will leave with a décor item ready to decorate your home or office, or to be given as a gift for Mother’s Day, Father’s Day Graduation, Wedding and more. All materials, appetizers and soft drinks included.

Paint Class & A Glass
(Ages 21+)
F, May 3 • 7-9:30p • Rich Rehearsal Hall
Cost: $25
Artists of all experience levels are invited to an evening of socializing and step-by-step painting instruction. Come with friends and family, enjoy the complimentary drinks and snacks, and leave with a personal masterpiece. The night will feature a predetermined painting, simple enough for first-time painters or with suggestions and instructions for those with a higher experience level.

Art Club
AGE DAY DATES TIME FEE
6-12 Sat Mar 30, Apr 6, 13 & 27 12-1:45p $15
6-12 Sat Apr 27, May 4, 11 & 18 12-1:45p $15
Art Club offers exciting opportunities for children to discover, explore, and create art while having fun! A variety of media is offered, including drawing, painting, collage, printmaking, mixed media, clay, as well as art history. Learn how to paint, draw, and express yourself with art!

Creative Li’l Hands (Ages 3-5)
Toddlers will get a head start for Pre-school and Kindergarten in this learning program. They will practice listening skills, sharing, and taking turns. Students will participate in many activities including art, crafts, music, and storytelling. Activities are selected to enhance the learning of shapes, colors, and the ABC’s. Please Note: Participants must be fully potty-trained and must have turned 3 years of age by the first day of the session.

AGE DAY DATES TIME FEE
3-5 T/Th Mar 19-Apr 18 9a-12p $60/$70Non-Resident
3-5 T/Th Apr 23-May 23 9a-12p $60/$70Non-Resident
Registration Dates: Norwalk Residents - Sat, Mar 9, 9a Non-Residents: M, Mar 11, 9a Norwalk Arts & Sports Complex, 13000 Clarkdale Ave
Please Note: Proof of birth date is required at the time of registration.
Miniachis de Norwalk Classes (Ages 7-18)
Lessons are offered in Guitar, Violin, Trumpet, and Voice at a reasonable cost. Participants must provide their own instruments; however, the program has limited instruments available for loan. Parents borrowing instruments will be required to leave an instrument deposit of $50. A new series of classes begins every three months. Please call 929-5521 for instrument availability or if you have additional questions. Si necesita información en Español, por favor llamar al numero 929-5521.

Registration is accepted on a continuous basis.
Norwalk Arts & Sports Complex, 13000 Clarkdale Ave

Fee: Residents $25 monthly/*$60 - three months
Non-residents $30 monthly/*$75 - three months

*Three month pre-pay option is available quarterly (March, April, May) for a total savings of $15. Payment is required in advance, in full, and this option is only available at the beginning of the quarter.

DAY       DATES
T          Mar 5-26
*Group Performance: “ARTASTIC” - March 15
T          Apr 2-30
*Group Performance: Children’s Book Day - TBD
(Class will not meet on April 23)
T          May 7-28
*Group Performance: End of the Year Performance - May 28

Violin
Beginning Violin 4-4:45p
Advanced Beginning Violin 4:45-5:30p
Intermediate/Advanced Violin 5:30-6p

Trumpet
Beginning Trumpet 4-4:45p
Advanced Beginning Trumpet 4:45-5:30p
Intermediate/Advanced Trumpet 5:30-6p

Guitar
Beginning Guitar 4-4:45p
Advanced Beginning Guitar 4:45-5:30p
Intermediate/Advanced Guitar 5:30-6p

Voice Lessons
Group Voice 6-7p

Please Note: Students are welcome to practice additional time at no additional cost. Practice time is not a substitute for student’s scheduled class time.
Norwalk All-City Youth
MARCHING BAND

Performance Opportunities
Showcase Your Musical Talent
Scholarship Opportunities
Build Lasting Memories

Join Today

Ages 14-21

Rehearsals
Monday 6-8 p.m.
Thursday 4-6 p.m.
Cultural Arts Center
13200 Clarkdale Ave.

For more information, please call (562) 929-5521.
Classes are 45 minutes in length unless otherwise noted. Registration is currently being accepted on a first come, first served basis at the Norwalk Arts & Sports Complex, 13000 Clarkdale Ave, or online at norwalk.org. If there are less than three participants enrolled in a class (prior to the first day of class), the class will be cancelled and a full refund will be issued. The Center will be closed on Saturday, April 20.

**Classes Are Offered For The Following Age Groups:**

**LI’L MUNCHKINS (Ages 1-2)**
A parent or caregiver must actively participate during the duration of class.

**TOTS (Ages 3-5)**
An adult or sibling 12 years of age or over must remain on the premises while tot is in class.

**YOUTH (Ages 6-12)**
**TEEN (Ages 12-17)**
**ADULT (Ages 18+)**

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**Wednesday Classes**

**Sweet Treats - Tots**
Spring treats are fun to eat! Make cute candy to put in your spring basket.

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<td>Mar 27-Apr 17</td>
<td>3-3:45p</td>
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**Baskets and Bunnies - Tots**
Hop on in to make adorable bunnies and basket crafts designed with tots in mind.

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**Think Big! - Tots**
Each week you will add a little more to your giant sized work of art. On the last day of class, your masterpiece will be ready to display at home or give as a gift.

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**Fluffy and Furry - Munchkins**
Help your little one make baby animal crafts! Bunnies, chicks and lambs, oh my!

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<td>Mar 27-Apr 17</td>
<td>6-6:30p</td>
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**Thursday Classes**

**Shake, Rattle and Roll - Tots**
Make a musical instrument of your own and then use it with classmates to sing a silly song.

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<td>May 1-22</td>
<td>3-3:45p</td>
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**Bobbles and Beads - Tots**
Come out and have fun while you make beaded crafts.

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**Butterflies and Caterpillars - Tots**
“Craftivities” that will help your tot learn while creating works of art.

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**Play with your Food - Munchkins**
Explore sensory and motor skills while painting with pudding, and other fun, edible ingredients.

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**Clay Workshop - Tots**
Play with clay and make tiny sculptures while strengthening little hands and enjoying a new sensory experience.

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<td>Mar 28-Apr 18</td>
<td>3-3:45p</td>
<td>$10</td>
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**Drawing – Youth**
Beginners will learn early concepts of drawing and shading, while more advanced students will be challenged to take their drawing skills to the next level.

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<td>Th</td>
<td>Mar 28-Apr 18</td>
<td>4-4:45p</td>
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Room Decor - Youth
Decorate your room with designs created by you!

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Pick Up That Paint Brush - Munchkins
Introduce your little one to colors and shapes as you paint the night away!

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<td>Mar 28-Apr 18</td>
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Cut It Out! - Tots
Important “get ready for school” skills will be used to make fun crafts.

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<td>Th</td>
<td>May 2-23</td>
<td>3-3:45p</td>
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Pottery - Youth
Each week you will complete a bit more on your clay project. From shaping and sculpting, to painting and sealing, you’ll learn the steps to making pottery.

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Painting - Youth
Paint with step by step instruction and display your work of art in our student art gallery at the Cultural Arts Center.

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House of Mouse - Munchkins
Music and crafts featuring your favorite mouse and friends.

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<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-3</td>
<td>Th</td>
<td>May 2-23</td>
<td>6-6:30p</td>
<td>$10</td>
</tr>
</tbody>
</table>

Mixed Media Workshop - Youth
Create a one of a kind view of a cityscape with our mixed media workshop.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-12</td>
<td>F</td>
<td>Mar 29-Apr 19</td>
<td>4-4:45p</td>
<td>$5</td>
</tr>
</tbody>
</table>

Wood Signs - Teens
Design, build, sand and paint a custom wood sign.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>12-17</td>
<td>F</td>
<td>Mar 29-Apr 19</td>
<td>5-5:45p</td>
<td>$10</td>
</tr>
</tbody>
</table>

Teen Cooking - Teens
Join us as we learn different cooking techniques each week.

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<thead>
<tr>
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<th>DAY</th>
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<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>12-17</td>
<td>F</td>
<td>Mar 29-Apr 19</td>
<td>6-6:45p</td>
<td>$10</td>
</tr>
</tbody>
</table>

Healthy Snacks - Youth
Make a healthy snack that you can share with a friend.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-12</td>
<td>F</td>
<td>May 3-24</td>
<td>3-3:45p</td>
<td>$10</td>
</tr>
</tbody>
</table>

Homemade Fun - Youth
Create fun games and activities that will keep you entertained long after class ends.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-12</td>
<td>F</td>
<td>May 3-24</td>
<td>4-4:45p</td>
<td>$10</td>
</tr>
</tbody>
</table>

Cooking Competition - Teen
Use the ingredients provided to plan out something good to eat. Try something your classmates cooked and decide as a class, who cooked up the best idea!

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>12-17</td>
<td>F</td>
<td>May 3-24</td>
<td>5-5:45p</td>
<td>$10</td>
</tr>
</tbody>
</table>

Painter’s Pallet - Teen
Step by step instructions will help you develop your painting skills as you make a framed work of art.

<table>
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<tr>
<th>AGE</th>
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<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>12-17</td>
<td>F</td>
<td>May 3-24</td>
<td>6-6:45p</td>
<td>$10</td>
</tr>
</tbody>
</table>
Saturday Classes

Classes will not take place on Saturday, April 20.

Family Time

Start your Saturday off right with cuddles, crafts, songs, and dance. Parents and children will enjoy a story, songs and of course a hands-on craft. Fee includes one parent and one child.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-5</td>
<td>Sat</td>
<td>Mar 30-Apr 27</td>
<td>11-11:45a</td>
<td>$10-1 child &amp; 1 parent</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$4 each additional child or parent in family</td>
</tr>
<tr>
<td>1-5</td>
<td>Sat</td>
<td>May 4-25</td>
<td>11-11:45a</td>
<td>$10-1 child &amp; 1 parent</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$5 each additional child or parent in family</td>
</tr>
</tbody>
</table>

Youth Art Club - Youth

If you love art, then come learn from instructors who share your interest in art and be a part of a creative environment.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-12</td>
<td>Sat</td>
<td>Mar 30-Apr 27</td>
<td>12-1:45p</td>
<td>$10</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(No class April 20)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6-12</td>
<td>Sat</td>
<td>May 4-25</td>
<td>12-1:45p</td>
<td>$10</td>
</tr>
</tbody>
</table>

Teen Art Club - Teens

Calling all teen art enthusiasts. Come spend your Saturday with us at our new Teen Art Club!

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<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>12-17</td>
<td>Sat</td>
<td>Mar 30-Apr 27</td>
<td>12-1:45p</td>
<td>$10</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(No class April 20)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12-17</td>
<td>Sat</td>
<td>May 4-25</td>
<td>12-1:45p</td>
<td>$10</td>
</tr>
</tbody>
</table>

Cultural Arts Center Contract Class

Beginning/Intermediate Piano/Keyboarding
Instructor: Jim Warino

Learn the basics of how to play piano/electric keyboard through hands-on techniques, exercises, practice regimens, note reading, melodies and songs! This fun class is taught by a professional musician who has been teaching for 30 years. Students must have an electronic keyboard to bring to class. Please Note: A $15 book fee is due the first day of class. Cash only.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-12</td>
<td>T</td>
<td>Apr 2-Apr 30</td>
<td>6:05-6:50p</td>
<td>$49</td>
</tr>
<tr>
<td>5-12</td>
<td>T</td>
<td>May 7-Jun 4</td>
<td>6:05-6:50p</td>
<td>$49</td>
</tr>
</tbody>
</table>

Cookies and Canvases

Paint on Canvas and munch on cookies! We will work on a different painting each session. *(No class April 20)*

<table>
<thead>
<tr>
<th>AGE</th>
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<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
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<tbody>
<tr>
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<td>Sat</td>
<td>Mar 30-Apr 27</td>
<td>12-1:45p</td>
<td>$10</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(No class April 20)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6-12</td>
<td>Sat</td>
<td>May 4-25</td>
<td>2-2:45p</td>
<td>$10</td>
</tr>
</tbody>
</table>

Share your talents with others!

Here’s an opportunity to teach others while earning extra income! The Recreation Department is seeking instructors to teach new innovative classes to the Norwalk Community (fitness, cooking, voice, crafts, budgeting, etc.). If you are up to the challenge, please pickup an Instructor Proposal Form at the Norwalk Arts & Sports Complex.
The City of Norwalk has various facility rentals that are ideal for meetings, conferences, retreats, weddings, family reunions, baby and bridal showers, birthday parties, and more. Our staff is committed to providing the best customer service to meet your rental needs.

**Payment of Fees:** Half of the security deposit is due when an application is approved. Room reservations must be made at least 30 days in advance and rental fees must be paid in full 30 days prior to the reservation date.

**Set-up Fees:** Applicant may decorate/set up one to three hours in advance on the day of the reservation at a rate of $53.50 per hour.

**Security Fee:** If applicant is serving alcohol at an event, in addition to the reservation total, an hourly fee of $35 will apply for each Public Safety Officer in attendance (from start of event to end of cleanup). If it is determined that Sheriff Deputies are required, a fee of $102 an hour per deputy will apply.

**Non-resident Fee:** An additional flat fee of $500 applies to non-resident use.

**Security Deposit Refund:** Please allow four weeks following your reservation for refund to arrive by mail.

To check date availability, reserve a room or obtain a rental application, please visit the Norwalk Arts & Sports Complex located at 13000 Clarkdale Ave. Rental information is also available online at norwalk.org.

### Sproul Room
- Capacity: 150 Maximum
- $772 (4 hours plus 1 hour of cleanup)
- $150 Each Additional Hour
- $1,000 Security Deposit (w/ alcohol)
- $500 Security Deposit (w/o alcohol)

### Hargitt Room
- Capacity: 50 Maximum
- $390 (4 hours plus 1 hour of cleanup)
- $40 Each Additional Hour
- $500 Security Deposit (w/ or w/o alcohol)

### Rich Rehearsal Hall
- Capacity: 150 Maximum
- $579 (4 hours plus one hour of cleanup)
- $100 Each Additional Hour
- $1,000 Security Deposit (w/ alcohol)
- $500 Security Deposit (w/o alcohol)

### Hospitality Courtyard
- Capacity: 200 Maximum (outdoor)
- $405 (2 hours plus 1 hour of cleanup)
- $100 Each Additional Hour
- $500 Security Deposit (w/ or w/o alcohol)

### Sproul Reception Center (Barn)
- Capacity: 72 Indoor-100 Indoor & Outdoor
- $746 (4 hours plus 1 hour of cleanup)
- $125 Each Additional Hour
- $1,000 Security Deposit (w/ alcohol)
- $500 Security Deposit (w/o alcohol)

### Complex Terrace (Jun-Sept Only)
- Capacity: 125 (outdoor)
- $500 (4 hours plus 1 hour of cleanup)
- $100 Each Additional Hour
- $500 Security Deposit (w/ or w/o alcohol)
Facility Rentals at Parks
13200 Clarkdale Ave • 929-5521

Gerdes Park Recreation Center 14700 Gridley Rd
Capacity: 70 Banquet Style
$230 Five Hour Block of Time (includes setup, event time & cleanup)
$40 Each Additional Hour
Non-resident Fee: $158.50 (in addition to the hourly fee)
$1,000 Security Deposit with alcohol plus $35 per hour for Public Safety Officer
$500 Security Deposit without alcohol
Available Hours: Sat • 12-11p & Sun • 9a-11p

Gerdes Park Patio 14700 Gridley Rd
Capacity: 45 Banquet Style
$30 per Hour (minimum 2 hours)
Non-resident Fee: $158.50 (in addition to the hourly fee)
$1,000 Security Deposit with alcohol plus $35 per hour for Public Safety Officer
$500 Security Deposit without alcohol
Available Hours: Sat • 12-11p & Sun • 9a-11p

Hermosillo Park Recreation Center 11959 162nd St
Capacity: 80 Banquet Style
$250 Five Hour Block of Time (includes setup, event time & cleanup)
$40 Each Additional Hour
Non-resident Fee: $158.50 (in addition to the hourly fee)
$1,000 Security Deposit with alcohol plus $35 per hour for Public Safety Officer
$500 Security Deposit without alcohol
Available Hours: Sat • 12-11p & Sun • 9a-11p

Sara Mendez Park Recreation Center 11660 Dune St
Capacity: 44 (Indoor), 80 (Indoor/Outdoor) Banquet Style
$364 Five Hour Block of Time (includes setup, event time & cleanup)
$40 Each Additional Hour
Non-resident Fee: $158.50 (in addition to the hourly fee)
$1,000 Security Deposit with alcohol plus $35 per hour for Public Safety Officer
$500 Security Deposit without alcohol
Available Hours: Sat • 12-11p & Sun • 9a-11p

Shoshonean Campsite (Robert White Park) 12120 Hoxie Ave
Capacity: 250
$232 Five Hour Block of Time (includes setup, event time & cleanup)
$40 Each Additional Hour
Non-resident Fee: $158.50 (in addition to the hourly fee)
$500 Security Deposit
Portable restroom fee (varies per need)
Available Hours: Daily • 9a-7p
Overnight reservations for resident Boy and Girl Scout troops only.

Please call 929-5566 for more information or to check date availability. Rental applications are available at the Norwalk Arts & Sports Complex, 13000 Clarkdale Avenue or online at norwalk.org.
The Skate Park is located at Norwalk Park adjacent to the Aquatic Pavilion and is open to skaters and bikers of all ages. Hours of operation are subject to change without notice. Rules are posted at the Skate Park and must be followed at all times. For more information please call 929-5566.

*Please Note: Helmets, knee pads, and elbow pads are required at all times while using the Skate Park.*

### Skateboard & In-line Skate Hours

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>All</td>
<td>M/T/Th/F/Sun</td>
<td>8a-5p</td>
</tr>
<tr>
<td>Al</td>
<td>W</td>
<td>8a-2p</td>
</tr>
<tr>
<td>All</td>
<td>Sat</td>
<td>8a-2p &amp; 4-5p</td>
</tr>
</tbody>
</table>

### Exclusive Bike Hours

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>All</td>
<td>W</td>
<td>2-5p</td>
</tr>
<tr>
<td>All</td>
<td>Sat</td>
<td>2-4p</td>
</tr>
</tbody>
</table>

*Please Note: Beginning April 1, the Skate Park will remain open until 8 pm.*
Park Locations

Gerdes Park
14700 Gridley Rd
868-5817

Glazier Park
10810 Excelsior Dr
929-5566

Hermosillo Park
11959 162nd St
929-5613

Holifield Park
12500 Excelsior Dr
929-5614

New River Park
13432 Halcourt Ave
929-5619

Norwalk Park
13000 Clarkdale Ave
929-5566

Ramona Park
13244 Mapledale St
929-5616

Sara Mendez Park
11660 Dune St
868-1093

Vista Verde Park
11459 Ratliffe St
929-5618

Zimmerman Park
13031 Shoemaker Ave
929-5620

Map of Locations on page 38
Spring Park Schedule:
Mar 11-Jun 1
Parks will not be staffed on April 20.

Gerdes Park, 14700 Gridley Rd
Glazier Park, 10810 Excelsior Dr
Hermosillo Park, 11959 162nd St
Holifield Park, 12500 Excelsior Dr
New River Park, 13432 Halcourt Ave

<table>
<thead>
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<th>AGE</th>
<th>DAY</th>
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<th>TIME</th>
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</thead>
<tbody>
<tr>
<td>5-17</td>
<td>M/T/Th/F</td>
<td>Mar 11-May 31</td>
<td>2:30-7p</td>
</tr>
<tr>
<td>5-17</td>
<td>W</td>
<td>Mar 13-May 29</td>
<td>1-7p</td>
</tr>
<tr>
<td>5-17</td>
<td>Sat</td>
<td>Mar 16-Jun 1</td>
<td>12-7p</td>
</tr>
</tbody>
</table>

Sara Mendez Park, 11660 Dune St

<table>
<thead>
<tr>
<th>AGE</th>
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<th>TIME</th>
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</thead>
<tbody>
<tr>
<td>5-17</td>
<td>M/T/Th/F</td>
<td>Mar 11-May 31</td>
<td>2:30-7p</td>
</tr>
<tr>
<td>5-17</td>
<td>W</td>
<td>Mar 13-May 29</td>
<td>1:30-7p</td>
</tr>
<tr>
<td>5-17</td>
<td>Sat</td>
<td>Mar 16-Jun 1</td>
<td>12-7p</td>
</tr>
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Ramona Park, 13244 Mapledale St
Vista Verde Park, 11459 Ratliffe St

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<th>DATES</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-17</td>
<td>M/T/Th/F</td>
<td>Mar 11-May 31</td>
<td>3-7p</td>
</tr>
<tr>
<td>5-17</td>
<td>W</td>
<td>Mar 13-May 29</td>
<td>1-7p</td>
</tr>
<tr>
<td>5-17</td>
<td>Sat</td>
<td>Mar 16-Jun 1</td>
<td>12-7p</td>
</tr>
</tbody>
</table>

FREE! Park Programs
Visit your local park for afterschool fun including arts & crafts, outdoor activities, homework help, and much more!

Lucky March
The month of March will be filled with leprechauns, shamrocks, colors, and much more. Come create, play, and test your luck!

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-17</td>
<td>W</td>
<td>Mar 13-27</td>
<td>2:30-4:30p</td>
</tr>
</tbody>
</table>

Blooming Spring
Spring is in full bloom! Our favorite flowers and ladybugs will fill the park this spring as we have you assist in decorating our park facilities.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-17</td>
<td>F</td>
<td>Apr 5-26</td>
<td>3:30-4:30p</td>
</tr>
</tbody>
</table>

Easter Frenzy
“Hop” on over to your favorite park and create amazing Easter crafts and play games. Parks will also have their own fun party filled with eggs and bunnies.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-17</td>
<td>Th</td>
<td>April 18</td>
<td>3-6p</td>
</tr>
</tbody>
</table>

You Are My Sunshine
The sun is out and the flowers are growing in all shapes and colors. Enjoy making fun spring crafts to brighten up your day.

<table>
<thead>
<tr>
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<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-17</td>
<td>T</td>
<td>May 7-28</td>
<td>4-5p</td>
</tr>
</tbody>
</table>

Memories for Mom
Let’s create memorable keepsakes to give to the Moms and Grandmothers in our lives on their special day.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-17</td>
<td>F</td>
<td>May 10</td>
<td>4-5p</td>
</tr>
</tbody>
</table>
Parks & Tot Programs

Sara Mendez Park Fitness
Sara Mendez Park, 11660 Dune St
Kick off your fitness plan with us or join our team of people to reach a common goal of a healthy lifestyle! Sara Mendez Park is the perfect place to start by walking the trails and using the exercise equipment for fitness! This safe and friendly atmosphere will encourage participants of all ages to get up, get out, and get active! Recreation staff will be on-site to assist with workout equipment, creating a workout plan that suits your individual needs, and to lead high-energy games for children ages 5-12 so that the entire family can stay active.

AGE DAY DATE TIME
15+ Sat Feb - May 9-11a
Trainers on Site:
March 2, 23, 30
April 6, 13, 27
May 11, 18
May 25: Challenge Awards will be distributed 10-11a

Save The Date!
Camp Little Feet
Sara Mendez Park, 11660 Dune St
Children will learn necessary skills for school in an enjoyable and interactive environment. Participants must be fully potty-trained and three (3) years of age by the first day of the session. For more information, please call 929-5516. Payment plan available for this program.

AGE DAY DATES TIME FEE
3-5 M-F Jun 10-Aug 2 9a-12p $150/$160 Non-Residents

Registration Dates & Location:
Norwalk Residents - Sat, May 11, 10am
Non-Residents - M, May 13, 8am
Norwalk Arts & Sports Complex, 13000 Clarkdale Ave

Please Note: Proof of birth date is required at time of registration.

Park Tot Programs

Totally Tots
Gerdes Park • 14700 Gridley Rd • 868-5817
Prepare your child for Kindergarten and help them learn necessary skills in a fun and interactive environment. Participants must be fully potty-trained and turned three (3) years of age by the first day of the session.

Registration Dates & Location:
Norwalk Residents - Sat, Mar 23, 10a
Non-Residents - M, Mar 25, 8a
Norwalk Arts & Sports Complex, 13000 Clarkdale Ave

Please Note: Proof of birth date is required at time of registration.

AGE DAY DATES TIME FEE
3-5 M/W/F Apr 22-May 31 9a-12p $81/$91 Non-Residents
(No class May 27)
3-5 T/Th Apr 23-May 30 9a-12p $71/$81 Non-Residents
Adult Basketball Leagues
Norwalk Arts & Sports Complex, 13000 Clarkdale Ave
Registration for the 2019 Spring Basketball season has begun so register early to guarantee your team a spot in the league of your choice.

Adult Co-ed Pickleball League
Recreation Division
Norwalk Arts & Sports Complex, 13000 Clarkdale Ave
Pickleball is a paddle sport created for all skill levels. The rules are simple and the game is easy for beginners to learn, but it can develop into a quick, fast-paced, competitive game for experienced players! Skill levels include beginner, intermediate, advanced for adults, and seniors (age 55+), which include co-ed, men’s and women’s divisions.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>18-54</td>
<td>F</td>
<td>Apr-Jun</td>
<td>Evenings</td>
<td>$50 per 2-player team</td>
</tr>
<tr>
<td>55+</td>
<td>F</td>
<td>Apr-Jun</td>
<td>Evenings</td>
<td>$50 per 2-player team</td>
</tr>
</tbody>
</table>

Please Note: Each team is also required to pay the referee fee of $25 prior to the start of each game.

Adult Co-ed Volleyball League
Recreation Division
Norwalk Arts & Sports Complex, 13000 Clarkdale Ave
Volleyball leagues are scheduled to begin in May. The Adult Co-ed volleyball league will consist of 3 men and 3 women on the court. This league is designed to provide a structured, competitive volleyball environment for players of various skill levels.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>18+</td>
<td>Sun</td>
<td>May-Jul</td>
<td>Evenings</td>
<td>$175 (plus $25 forfeit deposit)</td>
</tr>
</tbody>
</table>

Please Note: Each team is also required to pay the referee fee of $12 prior to start of each game.

Please call 929-5566 for Adult Sports information or visit us at norwalk.org. *All schedules are subject to change.
Registration for Soccer is currently being accepted at the Norwalk Arts & Sports Complex (NASC), 13000 Clarkdale Ave. The fee includes a T-shirt and a participation award. The early sign up period will end on Wednesday, March 20. Please Note: Any registration accepted after the deadline will include a $10 late fee.

Small Fry Soccer - Co-ed  
Norwalk Park, 13000 Clarkdale Ave  
The Small Fry Soccer Program is designed to teach children the basics of soccer. Games will be played outside at Norwalk Park.  

<table>
<thead>
<tr>
<th>AGE</th>
<th>DATES</th>
<th>FEE</th>
<th>PARENT MEETING</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-7</td>
<td>Apr-Jun</td>
<td>$39</td>
<td>W, Mar 20 - 6p, NASC</td>
</tr>
</tbody>
</table>

Youth Indoor Soccer - Co-ed  
Norwalk Arts & Sports Complex, 13000 Clarkdale Ave  
The Youth Indoor Soccer League provides fundamental instruction and friendly competition in a safe and structured environment.  

<table>
<thead>
<tr>
<th>AGE</th>
<th>DATES</th>
<th>FEE</th>
<th>PARENT MEETING</th>
</tr>
</thead>
<tbody>
<tr>
<td>8-13</td>
<td>Apr-Jun</td>
<td>$39</td>
<td>W, Mar 20 - 6:30p, NASC</td>
</tr>
</tbody>
</table>

Registration for Baseball and Outdoor Volleyball is currently being accepted at the Norwalk Arts & Sports Complex, 13000 Clarkdale Ave. The fee includes a T-shirt and participation award. The early sign up period will end Wednesday, June 12. Please Note: Any registration accepted after the deadline will include a $10 late fee.

Small Fry T-Ball - Co-ed  
Holifield Park, 12500 Excelsior Dr  
The Small Fry T-Ball program is designed to teach children the basics of baseball.  

<table>
<thead>
<tr>
<th>AGE</th>
<th>DATES</th>
<th>FEE</th>
<th>PARENT MEETING</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-7</td>
<td>Jul-Aug</td>
<td>$39</td>
<td>W, Jun 12, 6p, NASC</td>
</tr>
</tbody>
</table>

Youth Summer Baseball - Co-ed  
Zimmerman Park, 13031 Shoemaker Ave  
The Youth Baseball League provides fundamental instruction and friendly competition in a safe and structured environment.  

<table>
<thead>
<tr>
<th>AGE</th>
<th>DATES</th>
<th>FEE</th>
<th>PARENT MEETING</th>
</tr>
</thead>
<tbody>
<tr>
<td>8-13</td>
<td>Jul-Aug</td>
<td>$39</td>
<td>W, Jun 12, 6:30p, NASC</td>
</tr>
</tbody>
</table>

Pee Wee Baseball - Co-ed  
Norwalk Park, 13000 Clarkdale Ave  
This five-week program is designed to introduce children to the basic fundamentals of baseball in a non-competitive environment. Fees include all class equipment, a T-shirt, and a certificate of participation. Classes must have a minimum of 10 registered participants to avoid cancellation of the program.  

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-4</td>
<td>Sat</td>
<td>Apr 6-May 4</td>
<td>9-9:50a</td>
<td>$25</td>
</tr>
<tr>
<td>4-5</td>
<td>Sat</td>
<td>Apr 6-May 4</td>
<td>10-10-11a</td>
<td>$25</td>
</tr>
</tbody>
</table>

*Child must be of age by April 6, 2019

Youth Outdoor Volleyball - Co-ed  
Norwalk Park, 13000 Clarkdale Ave  
The Youth Volleyball program provides fundamental instruction and friendly competition in a safe and structured environment.  

<table>
<thead>
<tr>
<th>AGE</th>
<th>DATES</th>
<th>FEE</th>
<th>PARENT MEETING</th>
</tr>
</thead>
<tbody>
<tr>
<td>8-13</td>
<td>Jul-Aug</td>
<td>$39</td>
<td>Th, Jun 13, 6:30p, NASC</td>
</tr>
</tbody>
</table>

Volunteer Coaches Needed!  
The City of Norwalk Recreation and Park Services Department sponsors a year-round youth sports program, and a successful program depends on you! These programs are conducted solely with the support of volunteer coaches. Volunteer coaches are needed for the upcoming soccer, baseball and volleyball programs. If you would like to volunteer, please visit the Norwalk Arts & Sports Complex, 13000 Clarkdale Avenue, and complete a Volunteer Coach form. Be sure to attend the coaches meeting to select your team name and shirt color, as well as to review the rules and philosophy of our program.

Coaches Meetings:

<table>
<thead>
<tr>
<th>Sport</th>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Soccer</td>
<td>W</td>
<td>Mar 20</td>
<td>7p</td>
<td>NASC</td>
</tr>
<tr>
<td>Baseball</td>
<td>W</td>
<td>Jun 12</td>
<td>7p</td>
<td>NASC</td>
</tr>
<tr>
<td>Volleyball</td>
<td>Th</td>
<td>Jun 13</td>
<td>7p</td>
<td>NASC</td>
</tr>
</tbody>
</table>

Please Note: In accordance with State regulations, the City of Norwalk fingerprints all volunteer coaches and their assistants at no cost during the coaches meeting. Please bring a valid photo I.D.
Calling all teens ages 13 to 18! Text, call, or snap your friends and join us at the Norwalk Teen Center for some fun! The Center is equipped with computers, gaming equipment, a big screen television, pool table, and much more. Staff will keep you entertained with cooking, crafts, outdoor activities, and more. Please Note: The Teen Center will be closed March 15, May 10, 17, 27, & 31.

**General Schedule**

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>13-18</td>
<td>M-F</td>
<td>3:30p-8p</td>
</tr>
</tbody>
</table>

**Spring Break Schedule**

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>13-18</td>
<td>M-F</td>
<td>Apr 22-26</td>
<td>3p-7p</td>
</tr>
</tbody>
</table>

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**Teen Alliance Program “TAP”**

Join TAP and learn valuable working skills, develop social and interpersonal skills, and gain a sense of accomplishment, all while giving back to your community. You will have an opportunity to volunteer at City-wide special events and other activities. This is also a great way to serve volunteer hours for school or church. The Teen Alliance Program General Membership meetings are held on the first Wednesday of each month.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>MEETING DATE</th>
<th>TIME</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>13-18</td>
<td>W</td>
<td>Mar 6, Apr 3, May 1</td>
<td>6p</td>
<td>NASC</td>
</tr>
</tbody>
</table>

Registration for teen events, excursions, and classes is now being accepted at the Norwalk Arts & Sports Complex, 13000 Clarkdale Avenue or online, at https://apm.activecommunities.com/norwalkrec. Registration for events and activities is required for planning purposes. A minimum of eight teens must be registered per excursion, or the excursion will be rescheduled or cancelled. To speak with a staff member, please call 929-4260 during Teen Center operating hours or call 929-5763 from 8a-6p.

---

**Teen Events**

**“Spring Fling” Middle School Dance**

F, May 31 • 6:30-9:30p
Fee: $5 per student

Norwalk Arts & Sports Complex, 13000 Clarkdale Ave
The dance is open only to Norwalk students in the 6th, 7th, and 8th grades. Students must have a school I.D. to verify current school and grade level. Dress code will be enforced.
Teen Excurions

• All excursions depart from and return to the Norwalk Arts & Sports Complex, 13000 Clarkdale Ave.
• Waiver forms must be signed by parent/guardian to attend all excursions.
• Excursions are subject to cancellation due to low enrollment.

The Stronghold Climbing Gym
650 S. Avenue 21, Los Angeles
Have you ever rock climbed? Well now is your chance! Bring a friend with you to join us on a day filled with rock climbing fun. You will learn essential information regarding the different equipment and techniques needed to rock climb and receive information for your future outdoor rock climbing adventures. Snack will be provided.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
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<th>TIME</th>
<th>FEE</th>
<th>REGISTRATION DEADLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>13-18</td>
<td>F</td>
<td>Mar 8</td>
<td>4-10p</td>
<td>$20</td>
<td>F, Mar 1 - NASC</td>
</tr>
</tbody>
</table>

Girls Night Out at Downtown Disney
Come hang out with your best gals for a fun-filled night at the utmost and best Disney stores ever! Also, bring some extra cash to purchase delicious treats like Sprinkle cupcakes.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>FEE</th>
<th>REGISTRATION DEADLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>13-18</td>
<td>F</td>
<td>Mar 22</td>
<td>6-10p</td>
<td>$5</td>
<td>F, Mar 15 - NASC</td>
</tr>
</tbody>
</table>

Boys Night Out at Universal City Walk
It’s boys night out! Come out and enjoy City Walk with your best pals and have a great time. Be sure to bring extra cash for any desserts you are craving.

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<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>FEE</th>
<th>REGISTRATION DEADLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>13-18</td>
<td>F</td>
<td>April 12</td>
<td>6-10p</td>
<td>$5</td>
<td>F, April 5 – NASC</td>
</tr>
</tbody>
</table>

Escondido Falls
(Malibu)
Be ready to bring out your best hiking shoes because we are about to hike to see the greatest waterfall. The scenery will have you grasping for air.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>FEE</th>
<th>REGISTRATION DEADLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>13-18</td>
<td>F</td>
<td>April 19</td>
<td>11a-4p</td>
<td>$3</td>
<td>F, April 12 - NASC</td>
</tr>
</tbody>
</table>

Museum of Ice Cream
Los Angeles
Join us on a sweet tooth tour with great visual sweets that will have you astonished! You’ll be able to dive into a pool of sprinkles and enter a room filled with large ice cream pops. You’ll want to see this, don’t miss out!

<table>
<thead>
<tr>
<th>AGE</th>
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<th>DATE</th>
<th>TIME</th>
<th>FEE</th>
<th>REGISTRATION DEADLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>13-18</td>
<td>Sat</td>
<td>May 18</td>
<td>11a-4p</td>
<td>$10</td>
<td>S, May 4 - NASC</td>
</tr>
</tbody>
</table>

Spring Break Fun

K1 Speed
(Torrance)
Need an adrenaline rush? Come speed race with your favorite teen center staff and friends! Now is the time to show off your skills and have a blast.

<table>
<thead>
<tr>
<th>AGE</th>
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<th>TIME</th>
<th>FEE</th>
<th>REGISTRATION DEADLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>13-18</td>
<td>M</td>
<td>Apr 22</td>
<td>4-9p</td>
<td>$12</td>
<td>M, April 8 - NASC</td>
</tr>
</tbody>
</table>

Robert White Park Bonfire
Join us for some spring bonfire fun! Enjoy delicious s’mores, food, beverages, and talks with all your favorite friends and staff. Don’t forget to bring a lawn chair and keep cozy with a blanket, jacket, and closed shoes.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>FEE</th>
<th>REGISTRATION DEADLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>13-18</td>
<td>F</td>
<td>April 26</td>
<td>4:30-11p</td>
<td>$3</td>
<td>F, Apr 19 - NASC</td>
</tr>
</tbody>
</table>

Dodgers Game
(vs. Pittsburgh Pirates)
Cheer for your favorite L.A. team with friends and Teen Center staff. Be sure to bring extra cash to buy snacks.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>FEE</th>
<th>REGISTRATION DEADLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>13-18</td>
<td>Sat</td>
<td>Apr 27</td>
<td>4p-11p</td>
<td>$35</td>
<td>Sat, April 13 - NASC</td>
</tr>
</tbody>
</table>
Teen Center Activities

Please note that activities are subject to cancellation due to low enrollment.

Mad Science Monday
Calling all scientists! We are experimenting this year at the Teen Center and want you to join us on all the laboratory fun. Experiments will be safe and the equipment will be provided.

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>REGISTRATION DEADLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>Mar 4-May 20</td>
<td>5:30-7p</td>
<td>M, Feb 25 – NASC</td>
</tr>
<tr>
<td></td>
<td>(No class May 10, 17)</td>
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<td></td>
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</tbody>
</table>

Cooking Class
There is always room to learn new recipes and better your cooking skills. Now is your chance to do so. Prepare and enjoy a great meal that you can also cook at home for the family.

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<thead>
<tr>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>REGISTRATION DEADLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>T</td>
<td>Mar 5-May 28</td>
<td>5-6p</td>
<td>T, Feb 26 - NASC</td>
</tr>
</tbody>
</table>

Video Game Tournament
Bring those gaming skills over to the Teen Center and play to win first place in our tournament. Let the games begin!

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>REGISTRATION DEADLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>W</td>
<td>Mar 6-May 29</td>
<td>5:30-6:30p</td>
<td>W, Feb 27 - NASC</td>
</tr>
</tbody>
</table>

Wood Burning 101 Thursdays
Create a wood burning project using a wood burning pen. All supplies will be provided.

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>REGISTRATION DEADLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Th</td>
<td>Mar 7-May 30</td>
<td>5:30-6:30p</td>
<td>Th, Feb 28 - NASC</td>
</tr>
</tbody>
</table>

Friday Flicks Night
It’s Movie Night at the Teen Center on Fridays! Snacks and beverages will be provided.

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>REGISTRATION DEADLINE</th>
</tr>
</thead>
<tbody>
<tr>
<td>F</td>
<td>Mar 8-May 24</td>
<td>6-8:30p</td>
<td>F, Mar 1 - NASC</td>
</tr>
</tbody>
</table>
Have you been thinking about getting fit, starting an exercise program, and living a healthier lifestyle? Join the Norwalk Arts & Sports Complex, which is one of the most comprehensive and affordable fitness centers in the region. Membership entitles patrons use of the weight room, basketball gymnasium, and four indoor racquetball/handball courts.

**Please Note:** The Norwalk Arts & Sports Complex will be closed May 27.

### Membership Hours

**General Membership Hours***
- M-Th: 1-9p
- F: 1-8p
- Sat: 9a-6p
- Sun: Closed

**Senior Membership Hours***
- M-Th: 8a-9p
- F: 8a-8p
- Sat: 9a-6p
- Sun: Closed

**Corporate Membership Hours***
- M-F: 11a-2:30p

### Racquetball/Handball Courts*

**Membership is required.**

*Only Norwalk residents may make same-day reservations for courts - $5 fee. There is a one-hour limit for reservations.

- Racquetball: M/W 1-9p
- Handball: T/Th 1-9p
- Open Play: F 1-8p, Sat 9a-6p

### Weight Room (Ages 18+)

- M-Th: 1-9p
- F: 1-8p
- Sat: 9a-6p

### Basketball Schedule-Open Play*

- M-Th: 1-9p
- F: 1-8p
- Sat: 9a-6p

### Pickleball Play*

- Seniors: M-Th 8a-11a
- Corporate: M-Th 11a-1p
- General: T/Th 1-5p

*Schedule subject to change due to Basketball Leagues and Special Events.
**NASC Membership Fees**

**General Memberships**

**Adults - Ages 18-54**

- **Quarterly** $37.50 Resident / $110.25 Non-resident
- **Annually** $150 Resident / $441 Non-resident

**Youth - Ages 8-17 (does not include access to Weight Room)**

- **Annually** $40 Resident / $150 Non-resident

**Family***

- **Quarterly** $46.50 Resident / $137.50 Non-resident
- **Annually** $185 Resident / $550 Non-resident

*Immediate family living under the same household (proof required): Minimum one adult (parent/legal guardian), maximum two adults; minimum one minor child, maximum two minor children ages 8-17 in the same family.

**Corporate Membership***

- **Quarterly** $56.25 / **Annually** $225

*Norwalk Business Employees - Proof of Employment Required

**Senior Membership (Ages 55+)**

- **Monthly** $3.33 Resident / $12.50 Non-resident
- **Annually** $40 Resident / $150 Non-resident

**Daily Fee** (Non-members)

- Resident $10
- Non-resident $20

**PERSONAL TRAINING** (Membership Required)

Personal training is available for all members. Register at the Customer Service counter.

<table>
<thead>
<tr>
<th>TIME</th>
<th>FEE</th>
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<tbody>
<tr>
<td>30-Minute Session</td>
<td>$25</td>
</tr>
<tr>
<td>1-Hour Session</td>
<td>$50</td>
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<tr>
<td>(Save $25)</td>
<td></td>
</tr>
<tr>
<td>Five Sessions/30 Minutes</td>
<td>$100</td>
</tr>
<tr>
<td>(Save $50)</td>
<td></td>
</tr>
<tr>
<td>Ten Sessions/30 Minutes</td>
<td>$200</td>
</tr>
<tr>
<td>(Save $100)</td>
<td></td>
</tr>
<tr>
<td>Twenty Sessions/30 Minutes</td>
<td>$400</td>
</tr>
</tbody>
</table>

**FREE Fitness Classes & Activities For Senior Members**

**Senior Open Basketball** (Half Court)

W/F • 9:30-10:30a • Senior Membership Required

Calling all seniors interested in staying fit and having fun. One court will be reserved for this activity to join other seniors for a pick-up game of basketball. This is a great opportunity to exercise and socialize. Also, seniors have exclusive use of our state-of-the-art weight room on weekdays from 8-11a.

**Senior Exercise**

M/W/F • 9:15-10:45a • Senior Membership Required

Get your heart rate up and your blood pumping. These classes are fun, interactive, and are sure to make you sweat. Exercises vary, some days we dance and other days it's a cardio workout. Weights, stretching and more will also be included.

**Senior Yoga-Tai Chi**

T/Th • 9:30-10:45a • Senior Membership Required

Stretch your muscles, improve muscle tone, and overall strength. This class is relaxing and tons of fun with friends.

**Senior Pickleball**

M,T,Th • 8-11a • Senior Membership Required

Please come join in on the fastest growing sport around...the “Sweet Game with a Sour Name” Pickleball! This exciting sport combines many elements of tennis, badminton and ping pong. Play takes place indoors on a badminton sized court and a slightly modified tennis net (Basketball Gym). For more information on how to play and the official rules please visit USAPA.org or ask staff about instructional clinics.
NASC Fitness Class
Need your energy back and want to start working out but don’t know where to start? Our trainers can guide you through a fun and energetic workout.

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>18+</td>
<td>M/W</td>
<td>6:15-7p</td>
</tr>
<tr>
<td>18+</td>
<td>T/Th</td>
<td>12:15-1p</td>
</tr>
<tr>
<td>16+</td>
<td>T/Th</td>
<td>7:15-8p</td>
</tr>
</tbody>
</table>

Norwalk Boxing Program
The City of Norwalk offers a Boxing Program at the Norwalk Arts & Sports Complex where participants can learn boxing techniques and conditioning skills. Training is also available for youth interested in participating in area tournaments.

FEE: Quarterly - $45-Resident / $66 Non-Resident

Youth Boxing Program
- 8-17 M-Th 4-6:30p
- 8-17 F 4-6p
- 8-17 Sat 9a-12p

Adult Boxing Program
- 18+ M-Th 6:30-8p
- 18+ F 6-8p
- 18+ Sat 9a-12p

Pre-registration is required for all contract classes and is accepted on a first come, first served basis at the Norwalk Arts & Sports Complex (unless otherwise noted) and online at norwalk.org. Registration is taken on a continuous basis up to two class sessions.

Proof of residency is required at the time of registration. Non-residents will be charged an additional $5 fee per class.

*IMPORTANT REMINDER: Please register early! Failure to register in advance may result in a cancelled class. Typically instructors need at least 5 students pre-registered to host a class. If you have not registered in advance, we are unable to inform you of class changes. Furthermore, instructors may not know you are interested in the class which may result in a cancellation.

Dance
Ballet for Tots
Instructor: Stepping Out Studio Staff
NASC, 13000 Clarkdale Ave
This class will introduce future prima ballerinas to the fundamentals of dance positions and terminology. Dancers will skip, hop, turn, and perform other ballet-oriented skills. Students must wear hair pulled back in bun or ponytail and wear proper dance attire (leotard, tights, and ballet shoes). Please do not wear ballet shoes outdoors.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-5</td>
<td>Sat</td>
<td>Mar 9-Apr 6</td>
<td>9:30-10:30a</td>
<td>$30</td>
</tr>
<tr>
<td>3-5</td>
<td>Sat</td>
<td>Apr 20-May 18</td>
<td>9:30-10:30a</td>
<td>$30</td>
</tr>
<tr>
<td>3-5</td>
<td>Sat</td>
<td>Jun 1-Jun 29</td>
<td>9:30-10:30a</td>
<td>$30</td>
</tr>
</tbody>
</table>

Ballet/Tap Combo
Instructor: And Dance! Staff • 404-9339
And Dance! Studio, 13417 Pumice St
This is an introductory class to both ballet and tap. Children will learn all basic positions and rhythms. There will be a strong emphasis on creative movement and self-expression including use of themes and props. Please wear dance attire: Leotards, tights, tap and ballet shoes.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-5</td>
<td>Sat</td>
<td>Mar 9-Apr 6</td>
<td>9-9:45a</td>
<td>$30</td>
</tr>
<tr>
<td>3-5</td>
<td>Sat</td>
<td>Apr 20-May 18</td>
<td>9-9:45a</td>
<td>$30</td>
</tr>
<tr>
<td>3-5</td>
<td>Sat</td>
<td>Jun 1-Jun 29</td>
<td>9-9:45a</td>
<td>$30</td>
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</table>
Country Line Dancing
Instructor: Light House Inc. LLC
NASC, 13000 Clarkdale Ave
Exercise your body and mind by dancing to lively, upbeat music. Line Dancing is a fun way to dance socially and no partner is necessary. Please dress comfortably and bring your own water.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>13+</td>
<td>M</td>
<td>Mar 18-Apr 22</td>
<td>7:30-8:30p</td>
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<td>13+</td>
<td>M</td>
<td>May 6-Jun 17</td>
<td>7:30-8:30p</td>
<td>$42</td>
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</table>

(No class May 27)

Folklorico Dance
Instructor: Manuel Ramirez
NASC, 13000 Clarkdale Ave
This class will introduce dancers to the basic Folklorico steps of Mexico and Southern California. Instructor will provide information regarding dance attire on the first day of class.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-13</td>
<td>Sat</td>
<td>Mar 9-Apr 6</td>
<td>9-10a</td>
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<td>6-13</td>
<td>Sat</td>
<td>Apr 20-May 21</td>
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<td>$40</td>
</tr>
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</table>

Beginner

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>13-30</td>
<td>T</td>
<td>Mar 12-Apr 9</td>
<td>7:30-9p</td>
<td>$40</td>
</tr>
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<tr>
<td>7-12</td>
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<tr>
<td>7-12</td>
<td>Th</td>
<td>Apr 18-May 16</td>
<td>7:30-9p</td>
<td>$40</td>
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</table>

Intermediate

<table>
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<tr>
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<th>DAY</th>
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<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>13-30</td>
<td>W</td>
<td>Mar 13-Apr 10</td>
<td>7-8:30p</td>
<td>$40</td>
</tr>
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<td>W</td>
<td>Apr 17-May 15</td>
<td>7-8:30p</td>
<td>$40</td>
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</table>

Performance

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>35-90</td>
<td>Th</td>
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<td>6-7:30p</td>
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<tr>
<td>35-90</td>
<td>Th</td>
<td>Apr 18-May 16</td>
<td>6-7:30p</td>
<td>$25</td>
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<td>35-90</td>
<td>T</td>
<td>Apr 23-May 21</td>
<td>6-7:30p</td>
<td>$25</td>
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</table>

KTA Hip Hop
Kidz Talent Academy
Instructor: KTA Staff
NASC, 13000 Clarkdale Ave
Get funky with your friends and gain confidence in your dance style. This is a high-energy class that requires a positive attitude and lots of enthusiasm. No experience needed. Bring a water bottle and wear comfortable clothes.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-12</td>
<td>Sat</td>
<td>Mar 16-Apr 6</td>
<td>1:05-2:05p</td>
<td>$45</td>
</tr>
<tr>
<td>5-12</td>
<td>Sat</td>
<td>Apr 20-May 11</td>
<td>1:05-2:05p</td>
<td>$45</td>
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<tr>
<td>5-12</td>
<td>Sat</td>
<td>May 25-Jun 15</td>
<td>1:05-2:05p</td>
<td>$45</td>
</tr>
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</table>

Good Vibe Fitness:
Adult Dance Fit
Instructor: KTA Staff
NASC, 13000 Clarkdale Ave
Good Vibe Fitness class allows exercise to be effective and fun with a special emphasis on agility, balance and strength. Adult will burn calories without even noticing and by doing exciting activities such as a circuit training to the latest music.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
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<td>Sat</td>
<td>Mar 16-Apr 6</td>
<td>2:10-3:10p</td>
<td>$45</td>
</tr>
<tr>
<td>18+</td>
<td>Sat</td>
<td>Apr 20-May 11</td>
<td>2:10-3:10p</td>
<td>$45</td>
</tr>
<tr>
<td>18+</td>
<td>Sat</td>
<td>May 25-Jun 15</td>
<td>2:10-3:10p</td>
<td>$45</td>
</tr>
</tbody>
</table>
**Fine Arts**

**Guitar for Beginners**
Instructor: Jim Warino • jwarino@yahoo.com
NASC, 13000 Clarkdale Ave
Learn the basic skills of playing the guitar, including chords, finger picking, hand techniques, rhythms, and songs in a variety of styles. Instructor/musician has been credited on over 60 recordings with 7 platinum, and has taught over 3,000 students. You must provide your own acoustic guitar.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-12</td>
<td>T</td>
<td>Feb 19-Mar 19</td>
<td>6:55-7:50p</td>
<td>$49</td>
</tr>
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<td>T</td>
<td>Feb 19-Mar 19</td>
<td>7:55-8:55p</td>
<td>$49</td>
</tr>
<tr>
<td>5-12</td>
<td>T</td>
<td>Apr 2-Apr 30</td>
<td>6:55-7:50p</td>
<td>$49</td>
</tr>
<tr>
<td>13+</td>
<td>T</td>
<td>Apr 2-Apr 30</td>
<td>7:55-8:55p</td>
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<tr>
<td>5-12</td>
<td>T</td>
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<td>6:55-7:50p</td>
<td>$49</td>
</tr>
<tr>
<td>13+</td>
<td>T</td>
<td>May 7-Jun 4</td>
<td>7:55-8:55p</td>
<td>$49</td>
</tr>
</tbody>
</table>

**Private Guitar, Bass, Piano & Songwriting Lessons**
Instructor: Jim Warino • 807-4286
Jim’s Studios • 8337 Firestone Blvd • Downey
Learn many aspects of scales, chords, techniques, rhythm, solos, hearing songs, and songwriting from a teacher/musician that has been credited on over 60 recordings with 7 platinum. All levels from beginning to advance are welcome.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>All</td>
<td>M-Sat</td>
<td>30 min lesson</td>
<td>$80/4 weeks</td>
</tr>
</tbody>
</table>

**KTA Acting 101**
Kidz Acting/Dance Combo
Instructor: KTA Staff
NASC, 13000 Clarkdale Ave
This class is for the little performer that loves acting. Students will learn concentrations, teamwork, improvisation, movement, voice, theatre terminology, and much more. We will also teach participants routines and spark the entertainer within. Students will have an opportunity to perform in an in-class showcase at the end of each session.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-14</td>
<td>Sat</td>
<td>Mar 16-Apr 6</td>
<td>12-1p</td>
<td>$45</td>
</tr>
<tr>
<td>5-14</td>
<td>Sat</td>
<td>Apr 20-May 11</td>
<td>12-1p</td>
<td>$45</td>
</tr>
<tr>
<td>5-14</td>
<td>Sat</td>
<td>May 25-Jun 15</td>
<td>12-1p</td>
<td>$45</td>
</tr>
</tbody>
</table>

**Health & Fitness**

**Plyo-Core Fitness**
Instructor: Philip Temidara
NASC, 13000 Clarkdale Ave
Plyo-Core Fitness is a high intensity speed, agility, and core-strengthening fitness program. It will be geared towards enhancing athletic performance for athletes or individuals seeking to raise the intensity of your workout experiences.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>16+</td>
<td>M</td>
<td>Feb 25-Apr 15</td>
<td>7-8p</td>
<td>$35</td>
</tr>
<tr>
<td>16+</td>
<td>M</td>
<td>Apr 29-Jun 24</td>
<td>7-8p</td>
<td>$35</td>
</tr>
</tbody>
</table>

**Static Stretch**
Instructor: Philip Temidara
NASC, 13000 Clarkdale Ave
This stretching and flexibility class will combine elements of static stretches to promote injury prevention, improve physical performance, and relax muscles.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>18+</td>
<td>W</td>
<td>Feb 6-Apr 3</td>
<td>7-8p</td>
<td>$35</td>
</tr>
<tr>
<td>18+</td>
<td>W</td>
<td>Apr 10-May 29</td>
<td>7-8p</td>
<td>$35</td>
</tr>
</tbody>
</table>

**Yoga for Life**
Instructor: Anita Der Kervorkian
NASC, 13000 Clarkdale Ave
In this class you will focus on increased flexibility, controlled breathing, and relaxation through non-intimidating Yoga techniques. Please bring a non-slip mat and comfortable clothing.

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAY</th>
<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>14+</td>
<td>T</td>
<td>Mar 19-Apr 16</td>
<td>6:30-7:30p</td>
<td>$35</td>
</tr>
<tr>
<td>14+</td>
<td>T</td>
<td>Apr 30-May 28</td>
<td>6:30-7:30p</td>
<td>$35</td>
</tr>
</tbody>
</table>

**IMPORTANT REMINDER:**
Please register early! Failure to register in advance may result in a cancelled class. Typically instructors need at least 5 students pre-registered to host a class. If you have not registered in advance, we are unable to inform you of class changes. Furthermore, instructors may not know you are interested in the class which may result in a cancellation.
**Self-Defense & Safety Awareness - Young Champions**
Gerdes Park, 14700 Gridley Rd  
Instructor: Young Champions, (714) 259-1400
This program combines safety awareness education with self-defense instruction in a fun, structured environment! Please Note: There is an $8 registration fee per student per session. Register for this class with the self-defense instructor at Gerdes Park on the first day of class.

<table>
<thead>
<tr>
<th>Age</th>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Students/4-15</td>
<td>T</td>
<td>Apr 9-Jun 4</td>
<td>5:15-5:55p</td>
<td>$128</td>
</tr>
<tr>
<td>Yellow Belts</td>
<td>T</td>
<td>Apr 9-Jun 4</td>
<td>6-6:40p</td>
<td>$128</td>
</tr>
<tr>
<td>Orange Belts</td>
<td>T</td>
<td>Apr 9-Jun 4</td>
<td>6:45-7:25p</td>
<td>$128</td>
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<tr>
<td>Purple Belt</td>
<td>T</td>
<td>Apr 9-Jun 4</td>
<td>7:30-8:10p</td>
<td>$128</td>
</tr>
</tbody>
</table>

**Japanese Goju-Ryu Karate**
Instructor: Brian A. Burdick  
NASC, 13000 Clarkdale Ave
Learn the fundamentals of self-defense and Karate as well as self-discipline and self-confidence through traditional and modern Goju-Ryu Karate. Emphasis is on blocking, punching, kicking, countering, body conditioning, and formal martial arts training.

<table>
<thead>
<tr>
<th>Age</th>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>7+</td>
<td>M/W</td>
<td>Apr 1-May 1</td>
<td>6-8p</td>
<td>$50</td>
</tr>
<tr>
<td>7+</td>
<td>M/W</td>
<td>May 6-Jun 10</td>
<td>6-8p</td>
<td>$50</td>
</tr>
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</table>

(No class May 27)

Advanced (Requires instructor’s permission)

<table>
<thead>
<tr>
<th>Age</th>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>7+</td>
<td>F</td>
<td>Mar 29-Apr 26</td>
<td>6:30-8:30p</td>
<td>$50</td>
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<td>7+</td>
<td>F</td>
<td>May 10-Jun 7</td>
<td>6:30-8:30p</td>
<td>$50</td>
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</table>

**Hawaiian Kenpo & Polynesian Martial Art of Lima Lama**
Instructor: Mike Gazmen Jr.  
NASC, 13000 Clarkdale Ave
An art that teaches the basics of self-defense including kicking, punching, blocks & techniques. Advanced students will learn basic weapon defense all within a fun environment, and with the opportunity to compete with others.

<table>
<thead>
<tr>
<th>Age</th>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>8+</td>
<td>Th</td>
<td>Feb 21-Mar 21</td>
<td>6:30-7:30p</td>
<td>$38</td>
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<tr>
<td>One Student</td>
<td>*$50 Two Family Members</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8+</td>
<td>Th</td>
<td>Apr 4-May 2</td>
<td>6:30-7:30p</td>
<td>$38</td>
</tr>
<tr>
<td>One Student</td>
<td>*$50 Two Family Members</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>8+</td>
<td>Th</td>
<td>May 16-Jun 13</td>
<td>6:30-7:30p</td>
<td>$38</td>
</tr>
<tr>
<td>One Student</td>
<td>*$50 Two Family Members</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*To qualify for the 2 family member option, participants must be from the same family and live in the same household. Proof of residency and relationship will be required (I.D. and birth certificate).*

**Zumba Fitness**
Instructor: Patricia Sandoval  
NASC, 13000 Clarkdale Ave
Zumba is a 50-minute aerobic workout that combines movements and rhythms such as Salsa, Cumbia, Merengue, Flamenco, Belly Dance, Reggeaton, and much more. This class is a fun way to get in shape and is excellent for the body and mind!

<table>
<thead>
<tr>
<th>Age</th>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>18+</td>
<td>T/Th</td>
<td>Mar 12-Apr 11</td>
<td>6-7p</td>
<td>$40</td>
</tr>
<tr>
<td>18+</td>
<td>T/Th</td>
<td>Apr 23-May 23</td>
<td>6-7p</td>
<td>$40</td>
</tr>
</tbody>
</table>

**Tae Kwon Do**
Instructor: Master Im, Moonstar Tae Kwon Do Academy  
Hermosillo Park, 11959 162nd St
A well-balanced program designed to teach girls, boys, and adults, confidence, self-discipline, coordination, safety, blocking, spectacular kicking and punching skills, including Korean terminology, and respect associated with Tae Kwon Do. Student must purchase a uniform prior to first class.

<table>
<thead>
<tr>
<th>Age</th>
<th>Day</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6+</td>
<td>M/W/F</td>
<td>Apr 1-29</td>
<td>6-7p</td>
<td>$50</td>
</tr>
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<td>May 1-31</td>
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<td>$50</td>
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<tr>
<td>(No class on May 27)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6+</td>
<td>M/W/F</td>
<td>Jun 3-28</td>
<td>6-7p</td>
<td>$50</td>
</tr>
</tbody>
</table>

**Aztec Dance**
Are you interested in exploring the culture and learning the symbolic moves of Aztec Dance? This high energy and traditional footwork of Aztec Dance may be just for you. Come and observe on Tuesday or Thursday from 7-9:30pm at Hermosillo Park located at 11959 162nd St. For more information, call 562-929-5763.
IMPORTANT REMINDER:
Please register early! Failure to register in advance may result in a cancelled class. Typically instructors need at least 5 students pre-registered to host a class. If you have not registered in advance, we are unable to inform you of class changes. Furthermore, instructors may not know you are interested in the class which may result in a cancellation.
This newly renovated facility hosts a year-round junior golf academy and instruction program for juniors of all ages and ability levels. The program focuses on the core competencies in the game of golf, the swing, rules, etiquette, and also succeeding in life including social skills, education, and an introduction to the various career opportunities available through golf.

The facility includes a 9-hole par 3 golf course, double deck driving range, practice pitching green with a bunker, practice putting green, a clubhouse, and community meeting room. The entire facility is lighted and available for evening use. For more information, please visit playknabegolf.com.

**Junior Golf Classes**

SCGA Junior offers affordable golf and educational opportunities for youth ages 5-17. Youth receive 8 weeks of golf and fitness lessons from certified golf instructors. Classes are organized by age and ability level, and youth are eligible for these benefits:

- **Nike uniform**
- **Free playing opportunities**
- **One-on-one lessons**
- **Golf & fitness assessments**
- **SCGA membership**
- **Educational outings**
- **College Scholarships**

Learn more and register at scgajunior.org/instruction, email us at instruction@scga.org, call (818) 980-3630 or stop by the Don Knabe Golf Center.
<table>
<thead>
<tr>
<th>Number</th>
<th>Facility Name</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Cultural Arts Center</td>
<td>13200 Clarkdale Ave.</td>
<td>929-5521</td>
</tr>
<tr>
<td>2</td>
<td>Excelsior Gym</td>
<td>15711 Pioneer Blvd.</td>
<td>929-5610</td>
</tr>
<tr>
<td>3</td>
<td>Gerdes Park</td>
<td>14700 Gridley Rd.</td>
<td>868-5817</td>
</tr>
<tr>
<td>4</td>
<td>Glazier Park</td>
<td>10810 Excelsior Dr.</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Hargitt House Museum</td>
<td>12426 Mapledale St.</td>
<td>929-5612</td>
</tr>
<tr>
<td>6</td>
<td>Hermosillo Park</td>
<td>11959 162nd St.</td>
<td>929-5613</td>
</tr>
<tr>
<td>7</td>
<td>Holifield Park</td>
<td>12500 Excelsior Dr.</td>
<td>929-5614</td>
</tr>
<tr>
<td>8</td>
<td>Lakeside Park</td>
<td>11620 Studebaker Rd.</td>
<td>929-5615</td>
</tr>
<tr>
<td>9</td>
<td>New River Park</td>
<td>13432 Halcourt Ave.</td>
<td>929-5619</td>
</tr>
<tr>
<td>10</td>
<td>Aquatic Pavilion</td>
<td>12301 Sproul St.</td>
<td>929-5622</td>
</tr>
<tr>
<td>11</td>
<td>Norwalk Arts &amp; Sports Complex/ Norwalk Park Skate Park</td>
<td>13000 Clarkdale Ave.</td>
<td>929-5566</td>
</tr>
<tr>
<td>12</td>
<td>Norwalk City Hall</td>
<td>12700 Norwalk Blvd.</td>
<td>929-5700</td>
</tr>
<tr>
<td>13</td>
<td>Don Knabe Golf Center</td>
<td>13717 Shoemaker Ave.</td>
<td>921-7047</td>
</tr>
<tr>
<td>14</td>
<td>Norwalk Senior Center</td>
<td>14040 San Antonio Dr.</td>
<td>929-5580</td>
</tr>
<tr>
<td>15</td>
<td>Ramona Park</td>
<td>13244 Mapledale St.</td>
<td>929-5616</td>
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<tr>
<td>16</td>
<td>Robert White Park</td>
<td>12120 Hoxie Ave.</td>
<td>929-5617</td>
</tr>
<tr>
<td>17</td>
<td>Sara Mendez Park</td>
<td>11660 Dune St.</td>
<td>868-1093</td>
</tr>
<tr>
<td>18</td>
<td>Social Services Center</td>
<td>11929 Alondra Blvd.</td>
<td>929-5544</td>
</tr>
<tr>
<td>19</td>
<td>Sproul Museum</td>
<td>12203 Sproul St.</td>
<td>929-5521</td>
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<tr>
<td>20</td>
<td>Sproul Reception Center</td>
<td>12239 Sproul St.</td>
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<tr>
<td>21</td>
<td>Teen Center</td>
<td>12305 Sproul St.</td>
<td>929-4260</td>
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<tr>
<td>22</td>
<td>Vista Verde Park</td>
<td>11459 Ratliffe St.</td>
<td>929-5618</td>
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<td>23</td>
<td>Zimmerman Park</td>
<td>13031 Shoemaker Ave.</td>
<td>929-5620</td>
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Refund Policy

CLASSES/PROGRAMS

Refunds will be issued in full only if the class/program is cancelled by the City of Norwalk.

Refunds requested the first week of class will be eligible for a full refund.

Refunds requested the second week of class will be assessed a $4 administration charge.

After the second regularly scheduled class meeting, refund requests will not be accepted.

MEMBERSHIPS

Refunds are not allowed for any memberships.

All Memberships are non-transferrable.

The City reserves the right to revoke a membership if policies and procedures are not followed.

SPORTS

Refunds are not allowed for Small Fry and Youth Sports once games begin.
Class registration has begun at the Norwalk Arts & Sports Complex.

NASC Registration Hours
Monday-Thursday 8a-9p
Friday 8a-8p
Saturday 9a-6p

Registration also available online at www.norwalk.org

City of Norwalk Recreation & Park Services Department Activity/Class Registration

Payee's Name (please print)________________________________________________________________________________________
Address __________________________________________  Apt.________ City___________________________  Zip_______________
Telephone (____)_________________  Cell Phone (____)_________________ E-mail __________________________________________

<table>
<thead>
<tr>
<th>Class #</th>
<th>Activity / Class</th>
<th>Name of Participant</th>
<th>M/F</th>
<th>DOB</th>
<th>Fee</th>
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</table>

$5 Non-Resident Fee

Total Fees Paid

RELEASE OF LIABILITY, HOLD HARMLESS, AND AGREEMENT NOT TO SUE

I ___________________________(Participant's Name - If Participant is a minor, include name of parent or guardian here_______________________), and parent or guardian hereby expressly and irrevocably consent to minor’s participation, and all uses of “I” or “me” herein are made on behalf of both the minor and the parent or guardian, fully understand that my participation in the __________________________ exposes me to the risk of personal injury, death, or property damage. I understand that there are risks inherent in such activity and hereby acknowledge that I am voluntarily participating in this activity and agree to assume any such risks.

In consideration of being permitted to participate in this activity, I hereby release, discharge, and agree for myself, my heirs, administrators, executors, and assigns not to sue the City of Norwalk and/or Contracted Instructor for any injury, death, or damage to or loss of personal property arising out of, or in connection with, my participation in the activity from whatever cause. I further agree to indemnify and hold harmless the City of Norwalk and/or Contracted Instructor from any and all claims, demands, actions, or suits arising out of, or in connection with, my participation in the activity.

In case of accident or other emergency, I hereby authorize personnel or volunteers of the City of Norwalk or agents of the City to secure medical care deemed necessary as a result of accident or injury to me. In the event of illness or injury, I hereby consent to whatever x-ray examination, anesthetic, medical, surgical, or dental diagnosis, or treatment and hospital care considered necessary in the best judgment of the attending physician, surgeon, or dentist, and performed by or under the supervision of a member of the medical staff or the hospital furnishing medical or dental services.

I also permit the use of activity/event photography and/or video of my child or myself for media promotion.

I HAVE CAREFULLY READ THIS RELEASE OF LIABILITY, HOLD HARMLESS, AND AGREEMENT NOT TO SUE, AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT IT IS A FULL RELEASE OF ALL LIABILITY, AND SIGN IT OF MY OWN FREE WILL.

Please print___________________________________ Signature ______________________________   Date ______________________
(Parent or Guardian must sign for those under 18 years of age)
Address __________________________________________  City________________________   Zip________________
Telephone (____)_________________  Emergency Number  (____)_________________
Family Medical Insurance Carrier _____________________________
Insurance Company Telephone (____)_________________    Policy Number ______________________________

If your child has any special medical conditions or needs, please check box and print a description on the back side of this page.