

Norwalk Adaptive Recreation

City of Norwalk • Recreation and Park Services Department

January 2015

These programs are specifically designed for children, teens and adults with disabilities.

CLASS

Formerly known as
REACH
Suggested ages: 6-22

Winter Fun Faire

3:30-5:30 p.m.

Monday- Thursday

\$25 per session

Session 2 January 5-29

Session 3 February 2-26

This fun and interactive after school program is specifically designed for your child with disabilities. Homework assistance, games, crafts and socializing will be the main focus.

Program held at Gerdes Park 14700 Gridley Road

TEAM NORWALK SPECIAL OLYMPICS

** Fundraiser at Shakey's Pizza on Thursday, January 15 between 5:00 and 9:00 p.m. Bring the whole family.

** Informational parent meeting Wednesday, January 21 at 6:30 p.m. at the Norwalk Art & Sports Complex.

REMINDERS

*If you need to cancel, please notify us three (3) days in advance.

* Everyone in attendance who will be participating in the activity will need to pay the program fee.

*Gerdes Park is not staffed regularly, please call (562) 929-5566 or (562) 929-5922 with questions.

Contact Us:

Registration is accepted at the Norwalk Arts & Sports Complex (NASC), 13000 Clarkdale Ave.- (562) 929-5566. For more information please call (562) 929-5922.

Formerly known as

RAT/RAAD

Suggested ages: 13+

HEART

Dinner & Movie

Thursday
January 8

5:30-9:00 p.m.

New location! Meet at Sam's Burgers at the Norwalk Town Square, 11221 Pioneer Blvd. Bring \$12 for dinner and movie ticket. Movie will be selected by Tuesday, January 6. Call (562) 929-5702 for more details. Level: 1

Cerritos Mall

Friday
January 9

5:30-9:30 p.m.

\$3 per person

Meet at Gerdes Park, vans will depart promptly at 5:30 p.m. Bring shopping money. Register by January 2 at the NASC. Level: 3

Shakey's Pizza

Thursday
January 15

5:00-9:00 p.m.

Help support Team Norwalk Special Olympics. Come enjoy dinner at Shakey's Pizza. We will have raffle prizes. Don't forget to put your receipt in the box! Level: 1

Brunch & Movie

Saturday
January 17

11:30 a.m.-3:00 p.m.

\$7 per person

Meet at Gerdes Park. We will have a delicious brunch full of all the fixin's. We will watch a family friendly movie. Register by January 9 at the NASC. Level: 1

Tacos & Karaoke

Thursday
January 22

6:00-8:00 p.m.

\$7 per person

Meet at Gerdes Park. We will have a taco bar with all the sides and toppings. We will sing karaoke after dinner. Register by January 16 at the NASC. Level: 1

Dance & Potluck

Thursday
January 29

6:00-8:00 p.m.

Meet at Gerdes Park. Each person who will be eating needs to bring a dish for 6-8 people. We will dance to fun music after we eat. Level: 2

Level 1: acceptable for all levels of physical abilities
Level 2: some walking/moving required
Level 3: advanced physical activity